



UNIONE EUROPEA



REGIONE PUGLIA



PROMOZIONE
Agenzia Regionale del Turismo

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POC PUGLIA 2014/2020 - Asse VI

Azione 6.8 "Interventi per il riposizionamento competitivo delle destinazioni turistiche"



Comune di Apricena



Comune di Carpino



Comune di Cagnano Varano



Comune di Ischitella



Comune di Lesina



Comune di Mattinata



Comune di Monte Sant'Angelo



Comune di Peschici



Comune di Rodi Garganico



Comune di San Giovanni Rotondo



Comune di San Marco in Lamis



Comune di San Nicandro Garganico



Comune di Vieste



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Bulletin 2

WORLD MASTERS ORIENTEERING CHAMPIONSHIPS



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An enhanced version of this Bulletin, complete with any last minute changes, will be given to all competitors in printed copy at the Event Centre accreditation point.



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Leho Haldna, Presidente IOF

I tanto attesi Campionati. La Puglia, in Italia, ha presentato domanda per l'organizzazione dei WMOC per la prima volta più di 10 anni fa. Nonostante diverse battute d'arresto, gli organizzatori non si sono arresi e ora finalmente ci godiamo l'ospitalità degli italiani in Puglia.

Il nostro programma di competizioni internazionali è sulla via della ripresa dopo lo scoppio della pandemia e a nome dell'IOF vorrei dare il benvenuto a tutti i partecipanti ai WMOC 2022. Siete membri importanti della nostra comunità e spero che nei prossimi anni il numero di partecipanti raggiunga il livello pre-pandemia.

La Puglia è un'area sconosciuta alla maggior parte degli orientisti e le informazioni preliminari promettono terreni e percorsi interessanti. Purtroppo non posso partecipare ai WMOC 2022 perché il programma delle competizioni internazionali è molto intenso dopo il periodo di Covid-19. Godetevi le competizioni e lo stile di vita mediterraneo durante la settimana dei WMOC in Puglia, in Italia!

Leho Haldna, IOF President

The long-awaited Championships. Puglia, Italy applied for organising WMOC first time more than 10 years back. Despite several setbacks, organisers didn't give up and now we are finally enjoying the hospitality of the Italians in Puglia.

Our international competition programme is on the recovery path after pandemic outbreak and on the behalf on IOF I would like to welcome all WMOC 2022 participants. You are important members of our community and I hope that in coming years number of participants will reach pre-pandemic level.

Puglia is undiscovered area by most orienteers and the preliminary information promises interesting terrains and courses. Unfortunately, I can't participate in WMOC 2022 because the international competition program is very busy after the Covid-19 period.

Enjoy competitions and mediterranean lifestyle during WMOC week in Puglia, Italy!

Sergio Anesi, Presidente FISO Nazionale

Una scommessa vinta quella dei Mondiali Masters sul Gargano in Puglia! Quando con la Federazione commissariata abbiamo ripresentato la candidatura tanti erano i dubbi. Dopo l'assegnazione del Consiglio della IOF, il Comitato Organizzatore, supportato da Enti e società del territorio, ha proceduto nell'organizzazione del più significativo evento di corsa orientamento italiano. Abbiamo lavorato in sinergia con la Regione Puglia, i suoi Amministratori e Dirigenti, gli enti territoriali, Sport e Salute e il CONI, i Ministeri, le società sportive e la delegazione pugliese FISO, gli sponsor e con tutte le realtà patrocinanti, ma anche con tanti volontari. Organizzare un evento di questa portata in un anno che ha alle spalle una pandemia e una guerra non è stato facile. Per questo ribadisco: scommessa vinta!

Sergio Anesi, President of FISO

A winning bet the World Masters Orienteering Championships in Gargano, Puglia! When we presented once again our candidacy there were a lot of doubts. After the IOF Council appointed us for the organization, the committee, the territorial clubs and public entities together began to work towards this great Orienteering event! We've been working in synergy with the Puglia Region, its administrators, managers, the territorial entities, Sport & health, CONI, the Italian Ministries, the clubs and the regional Orienteering delegation, sponsors, and a wide number of volunteers. Organizing such an event after the pandemics hasn't been easy at all... That's why I say "A winning bet"!



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Massimo Garavaglia, Ministro del Turismo

Benvenuti in Italia. Benvenuti nel Gargano. Ospitare il Campionato Mondiale Masters di orienteering è una grande opportunità per la scoperta di un territorio affascinante qual è quello del Gargano, dove mare e montagna si mescolano con una miscela unica.

Ma è soprattutto una grande occasione per il turismo dell'area.

La pandemia ha cambiato strutturalmente la domanda turistica, che va verso una richiesta di turismo sostenibile ed all'aria aperta. E l'orienteering sembra aver anticipato questa trasformazione, offrendo alle famiglie la possibilità di unire attività sportiva e vacanza. Un grande augurio ai 3000 atleti in gara.



Massimo Garavaglia, Minister of Tourism

Welcome to Italy. Welcome to Gargano. Hosting the World Championship Master of orienteering is a great opportunity to discover the fascinating territory of Gargano, where sea and mountains met in a unique landscape.

But it is above all, a great opportunity for tourism in the area. The pandemic has changed the tourist demand, which goes in the direction of a more sustainable and outdoor tourism. And orienteering seems to have anticipated this transformation,

offering families the opportunity to combine sports and vacation. A great wish to the 3000 athletes in the race.

Valentina Vezzali, Sottosegretario di Stato alla Presidenza del Consiglio dei Ministri (Sport)

I WMOC 2022 che si svolgeranno in piena stagione balneare, sono la prova che sport e turismo sono una sintesi vincente. Come tutti i grandi eventi sportivi, anche questo appuntamento internazionale promuove le bellezze, le tipicità del nostro Paese e contribuisce alla crescita del sistema Italia.

3mila atleti, provenienti da 40 nazioni, sono la conferma che lo sport ha un linguaggio universale e unisce al di là delle differenze, supera barriere, stereotipi, crea le condizioni per condividere esperienze e godere della natura. L'esplorazione è il mezzo ideale per vivere il territorio e misurarsi con le proprie abilità. Il mio augurio è che i WMOC 2022 siano una festa dello sport e una vetrina per l'Italia.



Valentina Vezzali, State Secretary to the Presidency of the Ministers Council (Sport)

The 2022 WMOCs will take place in the middle of the summer bathing season and their synthesis is proof that sport and tourism economics are closely interrelated and complementary. Like all great sporting events, this international venue promotes the beauty and typicality of our country and contributes to the growth of the Italian economic system.

Three thousand athletes, from 40 nations, confirm that sport has an universal language and goes beyond differences, overcomes barriers, stereotypes, and creates the conditions for sharing experiences and enjoying nature. Exploration is the ideal way to experience the land and measure oneself against one's own abilities.

My wish is that the WMOC 2022 will be a celebration of sport and an authentic chance for showcasing Italy and the Italian taste in the world.



Vito Cozzoli, Presidente e Amministratore Delegato di Sport e Salute

Carissimi Organizzatori, Carissimi Atleti, Sport e Salute è al fianco della Federazione Italiana Sport Orienteering e della Federazione Internazionale nell'organizzazione del World Masters Orienteering Championships 2022.

L'Orienteering non è solo una gara a cronometro, ma è uno sport adatto a tutte le età che può essere praticato anche tutti i giorni per allenarsi, divertirsi all'aria aperta e incontrare la natura. Sport e Salute vuole valorizzare con sempre maggiore forza gli eventi sportivi come opportunità di sviluppo e promozione del territorio.

Grazie agli eventi sportivi si promuove un concetto di turismo che produce economia green e sostenibile, salute, benessere e stili di vita sani. Obiettivi che Sport e Salute ha nella propria mission e che vuole far diventare opportunità di crescita per il Paese e di ripartenza per l'intero sistema sportivo.

Vi auguro di trascorrere un periodo di serenità, di festa e di sana competizione. Con i miei più cordiali saluti.

Vito Cozzoli, President and CEO of Sport&Health

Dear organizers, dear athletes, Sport&Health is working together with the Italian Orienteering Federation towards the WMOC2022. Orienteering is not simply a race against the clock, but a sport for all, as it can be practiced at no matter what age, with every weather condition and literally every single day of the year. Sport&Health wishes to value these kinds

of sports events, as we believe they are a mean of development for a local territory, as well as strong promotional opportunities. Thanks to such events, we can develop an ever changing sports-tourism, aiming to generate green-economy, sustainability, health, and wellbeing. This is exactly the goal of Sport&Health, I wish all of you a good time, enjoy the beautiful competitions and the landscapes of Puglia.



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Michele Emiliano, Presidente della Regione Puglia

Siamo davvero lieti che l'atteso appuntamento sportivo internazionale della "World Masters Orienteering Championships 2022", giunga in Puglia. Oltre tremila atleti da tutto il mondo daranno vita ad una vera e propria Festa dello Sport. Noi, come Regione Puglia, continueremo a sostenere ed incoraggiare queste manifestazioni sportive, perché siamo persuasi dal fatto che lo sport è anche uno strumento potentissimo per far conoscere la bellezza del nostro territorio. Il World Masters Orienteering Championships 2022 è un'occasione intelligente per promuovere lo sport, i suoi valori, ma è anche uno straordinario biglietto da visita per quanti non conoscono questo scrigno di bellezza chiamato Gargano. Auguro, pertanto, il massimo successo delle competizioni sportive e invio a tutti voi il mio affettuoso saluto.

Michele Emiliano, President of the Puglia Region

We are really pleased that this long-awaited international sport event, the "World Masters Orienteering Championships 2022" finally arrives in Puglia. Over three thousand athletes from all over the world will for sure create to a beautiful Sports Festival. We, as the Puglia Region, will continue to support and encourage such sporting events, we are constantly driven by the fact that sport is also a very powerful tool to promote the beauties of our territory. The World Masters Orienteering

Championships 2022 is a great opportunity to promote sport and its values, but it is also an extraordinary opportunity for all to visit Gargano and see for real its stunning beauties. Enjoy competitions and mediterranean lifestyle during WMOC week in Puglia, Italy!

Raffaele Piemontese, Vicepresidente della Regione Puglia e assessore regionale allo Sport per Tutti

Creatività, cooperazione, biodiversità: difficile trovare una disciplina e una pratica sportiva così pienamente dentro lo "spirito del tempo" che stiamo vivendo. La Regione Puglia dà il benvenuto alla carovana dei WMOC 2022 - Gargano, con l'auspicio che gli atleti, i tecnici, i dirigenti, gli accompagnatori e i loro familiari facciano un'esperienza da custodire fra i tesori più cari. Abbiamo impegnato risorse e servizi perché si scateni la positività di cui abbiamo tutti bisogno, dopo due anni bui e mentre in Europa è tornata addirittura la paura della guerra. Speriamo che un evento sportivo, che vede la partecipazione di donne e uomini provenienti da Paesi vicini al conflitto e dove l'orienteering è molto popolare, sia un contributo alla convivenza pacifica e prospera di tutti i popoli europei. Questo è un benvenuto e un arrivederci.

Raffaele Piemontese, Vice President of the Puglia Region and alderman for Sport for All

Creativity, cooperation, biodiversity: it is difficult to find a discipline and a sporting practice so fully within the "spirit of the age" we are experiencing. The Puglia Region welcomes the WMOC 2022 - Gargano caravan, with the hope that the athletes, technicians, managers and their families will have an experience to be kept among the most beautiful treasures. We have committed resources and services to unleash the positivity we all need, after two dark years and while the fear of war has even returned to Europe. We hope that a sporting event attended by women and men from countries close to the conflict and where orienteering is very popular will be a contribution to the peaceful and prosperous coexistence of all European peoples. This is a welcome and goodbye.



Luca Scandale, Direttore Generale di Pugliapromozione

"Sport e natura sono patrimonio della Puglia che, attraverso i World Masters Orienteering Championships, avremo l'opportunità di condividere con il mondo grazie agli oltre 3mila atleti provenienti da 40 Paesi. Il territorio verrà visto e raccontato da ciascuno di loro, che diventeranno inconsapevolmente ambasciatori dell'autentica meraviglia della Puglia. Siamo convinti che i Mondiali di corsa orientamento over 35 porteranno gli atleti a vivere la Puglia dei piccoli borghi, dei laghi, dei parchi naturali, a gustare i nostri sapori tipici, ad assaporare la generosa ospitalità dei pugliesi. Le nostre attività, in qualità di Agenzia Regionale del Turismo della Puglia, sono dirette ad implementare il più possibile gli effetti di promozione del Gargano e della Puglia per un evento di grande significato sportivo, sociale ed economico".

Luca Scandale, General Manager Pugliapromozione

Puglia means sport and nature to discover through the World Masters Orienteering Championships. The event will give us the opportunity to share the charming beauty of Puglia with the world thanks to over 3,000 athletes joining from 40 countries. Each of them will become an unexpected ambassador of Puglia's authentic wonder! Athletes will experience a Puglia made of small villages, lakes, natural parks, tasty typical cuisine, and savor the generous hospitality of Puglians. Our activities, as the Puglia Regional Tourism Board, are aimed at implementing as much as possible the promotional sports, social and economic effects of the World Masters Orienteering Championships for both Gargano and Puglia.



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Elio Sannicandro, Dirigente ASSET Regione Puglia

L'ASSET, Agenzia regionale Strategica per lo Sviluppo Ecosostenibile del Territorio della Regione Puglia, è lieta di supportare e promuovere i 'Campionati Mondiali di Orienteering' che si svolgeranno sul Gargano, uno dei luoghi più suggestivi e ricchi di biodiversità della Puglia e particolarmente amato dai praticanti di questo sport. L'orienteering è, infatti, una disciplina sportiva che viene praticata all'aria aperta e gli atleti corrono a stretto contatto con l'ambiente naturale armati solo di carta e bussola.

ASSET sostiene fortemente questa iniziativa che si sposa con una delle sue missioni di engineering pubblica, dedicata alla tutela e valorizzazione dell'ambiente e del paesaggio, pianificazione strategica e programmazione integrata. Sport e turismo rappresentano un binomio perfetto per valorizzare alcune aree della Puglia dall'altissimo potenziale a livello sociale, economico e culturale.

Infatti, un territorio in grado di ospitare eventi sportivi di rilievo vive ricadute economiche positive nei settori legati all'accoglienza. Inoltre, sport e ambiente rappresentano un connubio imprescindibile oggi; gli sportivi sono, infatti, i primi ad essere consapevoli di quanto un ambiente di qualità sia importante per svolgere la propria attività. Lo sport, in tal senso, promuove la consapevolezza sui temi ambientali e per questo è formativo soprattutto in giovane età.



Elio Sannicandro, Director of ASSET Puglia Region

ASSET, the Strategic Regional Agency for the Sustainable Development of the Territory of the Puglia Region, is pleased to support and promote the 'Orienteering World Championships' which will take place in the Gargano National Park, one of the places with most evocative and biodiversity richness in Puglia, that is particularly loved by practitioners of this sport. Orienteering is, in fact, an outdoor sport where athletes run in close contact with the natural environment equipped only with paper and compass.

ASSET strongly supports this initiative which is in line with one of its public engineering missions, dedicated to the protection and enhancement of the environment and landscape, strategic planning and integrated programming. Sport and tourism represent a perfect combination to enhance some areas of Puglia with very high social, economic and cultural potential.

In fact, an area capable of hosting such significant sport events, bring positive economic effects in the sectors related to hospitality. Furthermore, sport and the environment represent an essential combination today; sportspeople are, in fact, the first to be aware of how important is a quality environment to carry out their sport activity. In this sense, sport promotes awareness of environmental issues and for this reason it is formative especially at a young age. be a contribution to the peaceful and prosperous coexistence of all European peoples.

This is a welcome and goodbye.

Nicola Gatta, Presidente della Provincia di Foggia

Per la Capitanata è un privilegio poter ospitare i World Masters Orienteering Championships 2022. Un riconoscimento che rende onore alle eccellenze ambientali e paesaggistiche di un territorio che sembra fatto apposta per l'orienteering.

Come Provincia di Foggia non potevamo non essere accanto ad un'iniziativa sportiva così importante e di respiro internazionale, che valorizzerà le nostre immense ricchezze ponendole all'interno di una vetrina meravigliosa, in grado di contribuire alla diversificazione di un'offerta turistica che non è fatta solo di turismo balneare.

I 3mila orientisti che saranno ospitati dal nostro Gargano, ne sono certo, scopriranno uno scrigno di bellezze che non ha pari in Italia.



Nicola Gatta, President of the Province of Foggia

For the "Capitanata" it is a privilege being able to host the World Masters Orienteering Championships 2022. A recognition that honors the environmental and natural excellences of a territory that seems to be perfectly made for orienteering.

As the Province of Foggia, we strongly wanted to be side to side with such an important sporting event, which will value even more our natural, cultural, historical and traditional wonders; finally such an event will also help to diversify our touristic offer.

The 3 thousand orienteers who will be hosted in Gargano, I am sure, will all discover a treasure of beauties that has no equals in Italy.



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Michele Barbone, Presidente WMOC 2022

Concordo con il presidente FISO Sergio Anesi quando afferma che è stata vinta una scommessa, che ha visto prima il Comitato Promotore impegnarsi nel proporre alla IOF la candidatura e infine la FISO impegnarsi per l'assegnazione dei Mondiali nello scenario stupendo del Gargano, nonostante gli ostacoli legati alla pandemia del COVID. L'ospitalità della gente di Puglia e l'ottima organizzazione del Comitato sono

certo che costituiranno un bel ricordo per i tanti atleti provenienti da tutto il mondo.

E in tale direzione molto importante è stata e sarà l'individuazione nella Foresta Umbra di un Centro Federale FISO per lo sviluppo e la promozione dello sport dell'Orientamento nel centro sud Italia e nei Paesi che si affacciano nel Bacino del Mediterraneo.

Michele Barbone, WMOC 2022 President

I concur with the FISO President Sergio Anesi when he states that this is a winning bet, first of all with the candidacy at IOF, then thanks to FISO the World Masters Championships have been appointed to the stunning Gargano. You will all feel the warm hospitality of Puglia, and the atmosphere of the whole WMOC week will stay in the runners' mind for a long time. Furthermore, the beautiful Foresta Umbra will eventually develop into a federal centre to promote Orienteering, a great patrimony for all South of Italy, as well as all countries of the Mediterranean.



Gabriele Viale, Direttore WMOC 2022

Il cuore oltre l'ostacolo: 14 anni di attesa per questo Mondiale.

Nel 2001 esplorammo i boschi del sud Italia, dalla Sicilia alla Puglia con gli orientisti scandinavi Jorgen Martensson e Bernt Bjonsgaard. Tappa finale fu la magica Foresta Umbra in Gargano, che si presentò maestosa ai nostri occhi, riservandoci l'emozione di un sottobosco tra i più tecnici al mondo per la corsa orientamento. Per quell'occasione fummo accolti dall'allora Sindaco di Vico Matteo De Grazia Cannarozzi, l'escursionista con Jeep Michele Di Fine e l'allora delegato FISO Puglia Francesca Logrieco. A loro la mia riconoscenza per averci accolto e dato fiducia all'inizio per questo nuovo sport di origine nordica. Da quel momento decidemmo di valorizzare orientalistamente la foresta Umbra a livello internazionale con una serie di manifestazioni: la storica Coppa Italia 2004, i Campionati Italiani MTBO 2005, il Trofeo delle Regioni 2008, il MOC 2010 e tante altre gare anche nei centri storici di Vico del Gargano, Peschici, Monte Sant'Angelo, Ischitella, Rodi Garganico e Peschici. Nel 2008 inoltre lanciammo il primo progetto di candidatura mondiale con il Parco del Gargano ente capofila, candidature ripetute per ben tre volte, fino all'assegnazione del 2019. Un percorso difficile, con tanti ostacoli, comprese la pandemia e le recenti problematiche nell'est Europa. Con tenacia, forza di volontà, desiderio di mostrare questo paradiso agli orientisti del mondo, questa perla paesaggistica d'Italia che è il Gargano, il credere di offrire una speranza e un'opportunità futura a giovani del territorio, questo ci ha spinto a continuare. Abbiamo messo da parte la ragione e spinto fino alla fine con la passione e con il cuore. Sono stati questi ultimi due elementi a farci continuare. Ci abbiamo messo tutto noi stessi. Chiudo con dei ringraziamenti doverosi, innanzitutto alla FISO e poi ad alcune persone a me care.

Il primo a Michele Barbone, che fin dall'inizio ha sempre sostenuto l'orientamento in Puglia e mi è stato a fianco con la sua grande esperienza di dirigente sportivo. Il secondo grazie di gratitudine a Mauro Gazzzerro che per proporre la candidatura del Gargano si giocò la presidenza nazionale FISO, mentre il terzo per l'Ing. Sannicandro, sempre vicino in questi anni nel sostenere i progetti di candidatura per la sua formazione di dirigente sportivo e riferimento cruciale per l'organizzazione nei rapporti istituzionali. Ringrazio anche il già coordinatore Regionale dell'Ufficio Scolastico di educazione fisica Prof. Marino Pellico per la costante attenzione all'orientamento nella progettualità didattica. Per ultimo, ma non il meno importante, per tutto il team che ha lavorato per organizzare questo mondiale, siano essi rappresentanti delle istituzioni, della società civile, delle forze militari, dello staff tecnico, il mondiale è merito loro. Questa organizzazione è frutto del loro impegno, disponibilità al sacrificio e dedizione.

Invece a tutti gli amici orientisti del mondo dico: benvenuti in Gargano, in Puglia, in Italia. Godetevi la magia di questo territorio, il sole, la buona cucina, il mare. Divertitevi a caccia di lanterne!

Gabriele Viale, WMOC 2022 Director

14 years of waiting and finally I can say it, World Master Championships in Gargano!

Already in 2001 together with Jorgen Martensson and Bernt Bjonsgaard we explored the whole Gargano, and we were surprised by the stunning beauty of the Foresta Umbra. We immediately thought "We have to make a World Championship Race here!" Immediately all the local authorities supported this crazy idea, and the Foresta Umbra hosted a number of Orienteering events: a historic Italian Cup in 2004, the Italian MTBO Championships in 2005, the "Trofeo delle Regioni" in 2008, MOC 2010, together with several high level training camps with runners from all around the world. Already in 2008 we first proposed Gargano for WMOC, but eventually only in 2019 it was assigned to us. A tricky course, many obstacles, the pandemics and the tragic events in Eastern Europe, but we are here, we moved aside the reasoning and acted with our hearts.

I wish to thank FISO and in particular Michele Barbone, who always supported this idea of having a World Orienteering Championships in Puglia. Another special thanks to Mauro Gazzzerro, and the ingénieur Sannicandro both always ready to support our projects. I also thank Prof. Marino Pellico for his constant passion, dedication and attention to the development of Orienteering. Last but not least, I wish to thank all my team, no matter if institutions, sponsors, military forces, technical staff, this WMOC is yours as well. To all my Orienteering Friends I say "Welcome to Gargano, Puglia, Italy! I hope you will all experience these beautiful terrains, the Italian Sun, our warm hospitality, the seaside and the Italian cuisine."



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Giuseppe Nobiletti, Sindaco del Comune di Vieste

Carissimi Sportivi dell'Orienteering,
è con grandissimo piacere che accogliamo Voi partecipanti dei WMOC 2022 con il più caloroso benvenuto, ringraziando dal più profondo del cuore quanti hanno operato la scelta di questo territorio come palcoscenico della competizione sportiva.

L'Orienteering è sport per eccellenza di esplorazione dei territori e dei paesaggi verso il quale il nostro Gargano, la nostra Vieste si offre in tutta la sua bellezza e varietà paesaggistica che siamo persuasi sapranno stupirvi in tutto il loro fascino e suggestione. Siamo certi che la Vostra presenza segnerà una pagina magnifica di connubio ideale tra sport, turismo e territorio a beneficio della nostra vocazione turistica e dell'ulteriore affermazione di una disciplina che merita la più alta considerazione sportiva.

L'auspicio è che la Vostra presenza si traduca in un messaggio di pace, di armonia e di concordia tra i popoli e che suoni come l'invito a rispettare la natura come patrimonio inestimabile di tutta l'umanità.

Buona gara a tutti.



Giuseppe Nobiletti, Major of the Municipality of Vieste

Dear Orienteering Sportsmen,

It is with great pleasure that we welcome you participants of the WMOC 2022 with the warmest welcome, thanking from the bottom of our hearts those who have made the choice of this territory as a stage for sporting competition. Orienteering is the sport par excellence of exploration of the territories and landscapes towards which our Gargano, our Vieste offers itself in all its beauty and landscape variety, that we are sure will amaze you in all their charm. We are sure that your presence will mark a magnificent page of ideal union between sport, tourism and territory for the benefit of our tourist vocation and the further affirmation of a sport that deserves the highest sporting consideration. The hope is that your presence will be translated into a message of peace, harmony and concord between peoples and that it sounds like an invitation to respect nature as the priceless heritage of all humanity. Good race everyone.

Dario Carlino, Assessore allo Sport del Comune di Vieste

L'assegnazione dei Campionati del Mondo di Orienteering a Vieste e al Gargano è sicuramente un riconoscimento per il lavoro che abbiamo svolto come amministrazione comunale in questi anni, intrecciando sport e turismo come connubio vincente, all'insegna di salute e bellezza, e come fattore di attrazione territoriale che genera economia. La nostra città per un'intera settimana a luglio sarà l'epicentro dei mondiali di orienteering: arriveranno migliaia di atleti e turisti in particolare dal nord Europa, da nazioni come Danimarca, Norvegia, Svezia, Finlandia che potranno scoprire un pezzo d'Italia che in futuro potrebbe diventare meta per le vacanze anche fuori stagione. Un ringraziamento particolare va alla Regione Puglia che ha scelto il Gargano e che ha sostenuto l'iniziativa. Il presidente Michele Emiliano e il vice presidente della Regione Raffaele Piemontese ancora una volta hanno dimostrato l'attaccamento a Vieste e al Gargano tutto. Subito dopo i Mondiali, ci candidiamo per ottenere un Centro Federale, una specie di "Coverciano" dell'Orienteering che diventerà punto di riferimento nazionale per tecnici e atleti. Vieste è pronta ad accogliere la nutrita carovana di atleti e turisti con la solita grande ospitalità.



Dario Carlino, Councilor for Sport of the Municipality of Vieste

The Orienteering World Masters Championships in Vieste and Gargano is certainly a recognition for all work we have done as a municipal administration in these recent years... Creating a winning combination between sport and tourism, in the name of health and beauty, and consequently as a touristic attractive factor which then generates economy. Our city for a whole week in July will be the center of the orienteering world: thousands of athletes and tourists, in particular from northern Europe: Denmark, Norway, Sweden, and Finland... They will all be able to discover a piece of Italy, which, in the near future, could become a holiday destination. A special thanks to the Puglia Region which has indeed chosen the Gargano area and has always supported us. The president Michele Emiliano and the vice president of the Region Raffaele Piemontese once again showed their attachment to Vieste and the whole Gargano. Immediately after the WMOC, we will apply to become a Federal Center, the "Coverciano" of the Italian Orienteering, a national center for instructors and athletes. Vieste is ready for welcoming all athletes and tourists, with our warmest hospitality!



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POC PUGLIA 2014/2020 - Asse VI

Azione 6.8 "Interventi per il riposizionamento competitivo delle destinazioni turistiche"



Isabella Damiani, Responsabile Relazioni Internazionali WMOC 2022

Il mio grande amore per questo territorio credo abbia prodigiosamente creato questa opportunità: poter vivere il World Master Orienteering Championship 2022 da protagonista, spendendo le mie competenze nella veste di Responsabile delle relazioni internazionali. Grazie all'Orienteering avremo nuovi occhi sulla bellezza della biodiversità esclusiva di questa terra e in più impareremo ad apprezzare lo spirito di squadra ed il senso di appartenenza che questa disciplina sportiva crea. L'Orienteering insegna inoltre le regole per una corretta vita nell'ambiente naturale, grazie al quale si acquisisce e si consolida una profonda coscienza ecologica. Grazie all'enorme numero di atleti che arriveranno qui, il WMOC sarà un importante "booster" per il turismo e per la crescita culturale del Gargano.

Isabella Damiani, WMOC 2022 International Relationships Director

I think that my great love for this territory has prodigiously created this chance: I can experience the World Master Orienteering Championship 2022 as a protagonist, spending my skills as Head of International Relations. Thanks to Orienteering we can see with new eyes the beauty of the exclusive biodiversity of Gargano and in addition we will learn to appreciate the team spirit and sense of belonging that this sport creates. Orienteering also teaches the rules for a correct life in the natural environment and it helps us to acquire and enhance a deep ecological awareness. Thanks to the huge

number of athletes who are arriving here, WMOC will be an important "booster" for tourism and the cultural growth of this marvelous.

Francesco Tavaglione, Sindaco del Comune di Peschici

Con grande piacere porgo un saluto agli organizzatori ed ai partecipanti al WMOC 2022, in quanto Peschici si appresta a vivere questa emozionante avventura.

L'evento richiamerà tantissime persone nella nostra cittadina, rafforzando il binomio sport-turismo nel quale Peschici ha sempre creduto. Ci prepariamo ad accogliere tutti gli atleti partecipanti che renderà Peschici la stella più luminosa tra tutte le meraviglie del firmamento garganico.

Auguro a tutti coloro che saranno presenti alla competizione sportiva di godere di tutta la bellezza e l'accoglienza che - sono certo - la Comunità peschiciana saprà offrire e agli atleti di vivere un'intensa esperienza sportiva.

Francesco Tavaglione, Mayor of the Municipality of Peschici

With great pleasure I extend my greetings to the organizers and all participants of the WMOC 2022. Peschici is preparing to experience this exciting adventure with you! The event will bring many people to our town, will strengthen the sport-tourism combination, something Peschici has always believed in.

We are preparing to welcome all of you who will make Peschici the brightest star among all the wonders of the Gargano.

I wish all runners to enjoy all the beauty of our country, as well as the warm Peschiciana Community hospitality.



Luca Esposito, Assessore allo sport del Comune di Peschici

Non posso che salutare con piacere tutti gli atleti che parteciperanno al WMOC 2022 in quanto Peschici si appresta a vivere questa emozionante avventura umana e sportiva.

Questo evento sarà una vetrina promozionale per tutte le bellezze del nostro territorio promuovendo anche all'estero la nostra cittadina.

Un plauso ed un incoraggiamento, quindi a ciascun atleta partecipante, nell'auspicio che questa manifestazione vi riservi grandi gioie e soddisfazioni.

Luca Esposito, Councilor for Sport of the Municipality of Peschici

I am warmly greeting all the athletes taking part if WMOC2022, Peschici as well is ready to fully immerse in this human and sports adventure. This event will represent a great promotional showcase for our territory's beauties on an international standpoint. A cheering support and already my best congratulations to each and every athlete, with the hope that this whole event will reserve great pleasure and satisfaction



Renato Martino, Delegato Provinciale CONI Foggia

In qualità di delegato provinciale CONI Foggia porgo il benvenuto a tutti gli atleti, tecnici e accompagnatori: il WMOC 2022 rappresenta senza dubbio l'evento sportivo più importante dell'anno per Foggia e provincia. Una gara di livello mondiale come questa è una grandissima opportunità per promuovere il territorio, che trarrà sicuramente grandi benefici da questa manifestazione dal punto di vista turistico: sono certo che il Gargano con le sue straordinarie bellezze e la sua tradizionale accoglienza conquisterà il cuore di tutti i partecipanti. Da parte sua il comitato promotore dell'evento sarà in grado di mostrare all'Italia e al mondo intero le capacità organizzative del nostro territorio.

Renato Martino, CONI Foggia Provincial Delegate

I welcome, as CONI Foggia Provincial Delegate, all athletes, technicians and companions: WMOC 2022 is certainly the most important sport event of the year for Foggia and its province. A world-class competition like this is a great opportunity to promote our territory, which will surely receive big turistic benefits from this event. I'm sure that the Gargano, with its extraordinary beauties and traditional hospitality, will conquer the hearts of all participants. For its part, the Organizing Committee of the event will be able to show the organizational skills of our territory to Italy and the whole world.

Marino Pellico, FISO Puglia

La programmazione per le attività scolastiche di FISO Puglia, sostenuta economicamente dal Comitato Organizzatore dei Mondiali, ha coperto tutto il territorio pugliese. Attraverso il progetto "Orienteering! Il mondiale incontra la scuola e il territorio" sono state pianificate iniziative per il coinvolgimento dei ragazzi e la formazione dei docenti. Da febbraio a maggio sono state organizzate le Finali Provinciali e Regionali dei Campionati Studenteschi, con circa 200 studenti tra scuole medie e superiori in ogni tappa. Sono stati, inoltre, due i corsi di formazione tenuti secondo il Regolamento Quadri Tecnici e Formazione FISO. Ci tengo a ringraziare il Direttore Regionale USR Puglia Giuseppe Silipo e la Coordinatrice di Educazione Fisica e Sportiva Maria Montrone.

Marino Pellico, FISO Puglia

The wide number of scholar activities supported by the WMOC committee is creating new generations of eager orienteering runners. Through the project "Orienteering! Il mondiale incontra la scuola e il territorio", we've formed professionally a wide number of instructors, as well as offered orienteering courses, trainings, theoretical and practical activities. From February to May 2022 over 200 young runners have participated in each race, seeing their happy faces on the finish line is the greatest reward of all!



Nicolino Sciscio, Vice Presidente del Comitato Organizzativo

Il Campionato Mondiale Masters di Orienteering è l'occasione di riconoscimento del valore delle politiche pubbliche a supporto dello sport, intraprese negli ultimi anni, in sinergia con le realtà istituzionali e civili. Si parlerà del "viaggio" verso il Gargano che chiamerà a raccolta gli sportivi del mondo alla scoperta di questo territorio speciale. A fare da cornice all'evento ci sarà la Foresta Umbra, con l'auspicio di farne il vero centro propulsore dello sviluppo della disciplina sportiva sul territorio con la nascita di un Centro Federale FISO per lo sviluppo e la promozione dell'orienteering in Italia e nei Paesi del Mediterraneo.

Nicolino Sciscio, Vice President of Organizing Committee

The World Masters Orienteering Championship is an opportunity to recognize the value of public policies in support of sport, undertaken in recent years, in synergy with institutional and civil realities. We will talk about the "journey" towards Gargano that will call the sportsmen of the world to discover this special territory. The Umbra Forest will frame the event, with the hope of making it the real driving force for the development of the sports discipline in the area with the birth of a FISO Federal Center for the development and promotion of orienteering in Italy and in the Mediterranean countries.



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Michele Sementino, Sindaco di Vico del Gargano

A nome di tutta la Comunità di Vico del Gargano, do il benvenuto ad atleti, familiari, staff e dirigenti che parteciperanno a questa importante manifestazione sportiva. L'orienteeing è una disciplina che coniuga sport e amore per la scoperta dei territori. Per noi è un onore ospitarvi. Ci auguriamo che l'ospitalità e la bellezza di questa terra vi facciano sentire come a casa. L'auspicio è che portiate con voi il ricordo di una terra bella e accogliente.

Michele Sementino, Major of the Municipality of Vico del Gargano

On behalf of the whole Community of Vico del Gargano, I welcome all the athletes, families, staff and managers who will participate in this great sports event. Orienteering is a discipline that combines sport and the discovery of a territory. It is an honor for us to host you all. We hope that the hospitality and beauty of this land will make you feel at home.



Michele Merla, Sindaco di San Marco in Lamis

È un piacere per la città di San Marco in Lamis accogliere gli atleti partecipanti al Mondiale di Orienteering 2022. Lo sport è competizione leale, impegno, fatica e obiettivi, ma anche solidarietà e amicizia. Questi principi, oggi più che mai, devono guidare l'intera umanità. Un benvenuto dalla città dei due conventi, dalla città porta del Gargano, benvenuti da San Marco in Lamis!

Michele Merla, Mayor of San Marco in Lamis

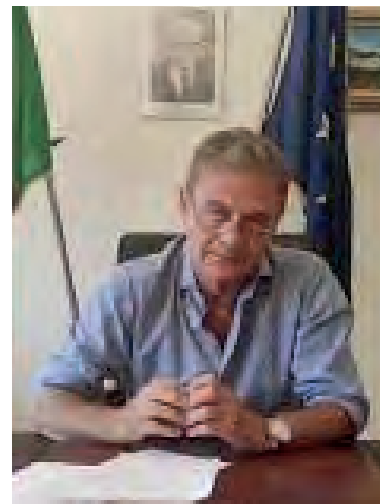
It is a pleasure for the city of San Marco in Lamis to welcome all the athletes taking part at the 2022 Masters Orienteering World Championship. Sport is fair competition, commitment, effort and goals, but also solidarity and friendship. These principles, today more than ever, must guide all humanity. A welcome from the city of the two convents, from the city gate of the Gargano, welcome to San Marco in Lamis!

Rocco Di Brina, Sindaco di Carpino

Con immenso piacere rivolgo il saluto di benvenuto a tutti gli atleti da parte mia e della cittadinanza intera di Carpino. Questa straordinaria manifestazione permetterà a tutti di conoscere meglio ogni angolo del nostro bellissimo Gargano, con tutte le sue peculiarità e originalità. Terra di accoglienza e solidarietà che non farà mancare il proprio calore a tutti i partecipanti. Benvenuti e buona permanenza

Rocco Di Brina, Mayor of Carpino

With an immense pleasure I extend a welcoming greeting to all the athletes. This extraordinary event will allow all of you to get to know every corner of our beautiful Gargano, with all its peculiarities and originalities. A land of welcome and solidarity that will not let lack all the participants their warmth. Welcome and enjoy your stay.



Michele Bisceglia, Sindaco di Mattinata

Mattinata e il Gargano posseggono per elezione naturale tutte le caratteristiche per diventare un territorio meta degli sport outdoor e di tutte le attività che hanno come palcoscenico comune di azione la natura. Mattinata saluta tutti i partecipanti con l'auspicio che questo grande evento rappresenti la consacrazione della destinazione turistica Gargano vocata al turismo attivo ed esperienziale.

Michele Bisceglia, Mayor of Mattinata

Mattinata and the whole Gargano have, thanks to their natural patrimony, all the possibilities to become a touristic destination for outdoor sports on "plein-air". Mattinata greets all participants with the hope that this great event represents a touristic starting point for the Gargano area.





Michele Di Pumpo, Sindaco di Cagnano Varano

Il Gargano è una terra unica, ricca di paesaggi, storia, architettura e tradizione. Sarà un piacere far conoscere a tutti gli atleti la nostra bellissima terra. Cagnano è un grazioso paese che grazie alla sua posizione gode di una vista panoramica mozzafiato, che inquadra l'istmo di terra che separa il Lago di Varano dal Mare Adriatico. Il Centro Storico, la Grotta di San Michele Arcangelo, i Pannoni e la lunghissima spiaggia di Capojale sono pronti ad accogliervi. Ringrazio la Protezione Civile di Cagnano Varano, sempre disponibile nel dare sostegno in tutte le occasioni in cui è richiesta la sua collaborazione.

Michele Di Pumpo, Mayor of Cagnano Varano

Gargano is a unique land, rich in landscapes, history, architecture and tradition. It will be a pleasure to introduce all athletes to our beautiful land. Cagnano is a pretty town, which thanks to its position, enjoys a breathtaking panoramic view, between Lake Varano and the Adriatic Sea. The Old Town, the Grotto of San Michele Arcangelo, the Pannoni and the long beach of Capojale are ready to welcome you all. I'd also like to thank the Civil Protection of Cagnano Varano, always available to give us support on every occasion.



Carmine d'Anelli, Sindaco di Rodi Garganico

Con la speranza che questo evento così importante, promotore di una crescita culturale e sportiva del territorio, cresca di anno in anno grazie all'impegno quotidiano dei promotori e dei tanti partecipanti che verranno dalle diverse località del mondo. L'orienteering è uno sport che affascina persone di ogni fascia di età, uno sport concentrato e praticato nella natura e nelle bellezze del nostro meraviglioso Gargano.

Ed è questa una delle strade per incrementare l'attrattività turistica perché sono convinto che gli atleti partecipanti saranno i nostri prossimi turisti. Ci prepareremo ad accogliere al meglio i protagonisti di un evento che sarà una splendida, importantissima vetrina per il Gargano oltre che un inno alla pace e all'unione tra i popoli.

Buon orienteering a tutti!

Carmine d'Anelli, Mayor of Rodi Garganico

Orienteering is a sport that fascinates people of all ages, a sport practiced in natural landscapes and beautiful sceneries, something our wonderful Gargano will for sure offer you all. This event will for sure help increasing the tourist attractiveness, as the participants could eventually become affectioned tourists for the coming years. We will prepare to welcome you all, the event will be unforgettable, WMOC will be a crucial showcase for the Gargano as well as an hymn of peace and union between peoples.

Happy orienteering everyone!

Michele Crisetti, Sindaco di San Giovanni Rotondo

Grande orgoglio per le nostre comunità ospitare questi mondiali, connubio perfetto tra sport e natura, il Gargano protagonista assoluto. Benvenuti nella montagna sacra.

Michele Crisetti, Mayor of San Giovanni Rotondo

It is a great honor for our communities to host the World Masters Championships, a perfect combination of sport and nature, with the Gargano area as the absolute protagonist. Welcome to the sacred mountain.



Antonio Potenza, Sindaco di Apricena

È con grande entusiasmo che accolgo le gare di orienteering che si svolgeranno nel nostro territorio e porgo il mio benvenuto a tutti gli atleti partecipanti. Il Gargano, con Apricena, sarà sicuramente un luogo meraviglioso per lo svolgimento delle gare e saprà accogliere gli eventi sportivi in un paesaggio unico quale è il nostro. Auspico che le giornate di gare ad Apricena possano essere anche occasione per conoscere ed apprezzare le nostre bellezze culturali e paesaggistiche. Faccio i miei migliori auguri, cui si uniscono quelli di tutta l'amministrazione comunale, a tutti coloro che saranno coinvolti nell'evento che pone al centro lo sport dell'orienteering.

Antonio Potenza, Mayor of Apricena

It is with immense pleasure that I welcome this extraordinary orienteering competition which will take place in our territories and I also extend my welcoming greet to all participants as well. The Gargano, with Apricena, will certainly be a wonderful place for your competitions and with its unique landscapes. I hope these days of competitions in Apricena will also be an opportunity to get to know and appreciate our cultural and natural beauties. I send my best wishes together with the entire municipal administration, to everyone involved in this great Orienteering Event.



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Alessandro Nobiletti, Sindaco di Ischitella

È un grande onore per il nostro comune ospitare i Mondiali Master di Orienteering. Siamo per questo grati agli organizzatori che hanno proposto anche Ischitella tra i comuni garganici in grado di assicurare accoglienza adeguata ad una manifestazione sportiva di tale portata. A tutti i partecipanti, atleti, sportivi, spettatori gli auguri migliori di una terra "Garganica".

Alessandro Nobiletti, Mayor of Ischitella

It is a great honor for our municipality to host the Orienteering Masters World Championships. We are therefore grateful to the organizers who chose Ischitella among the Gargano municipalities; we will be able to ensure adequate reception and hospitality for such an important sport event. To all participants, athletes, sportsmen, spectators I send the best wishes of our land, "Gargano".



Matteo Vocale, Sindaco di San Nicandro Garganico

I Mondiali di Orienteering 2022 sono occasione di grande apertura di tutto il Gargano all'Europa e al Mondo. Sono certo che gli atleti in arrivo, i loro amici e familiari, trascorreranno una grande esperienza nei luoghi unici del Promontorio, raccogliendo i migliori spunti per ritornare spesso a trovarci. Il nostro è il "Benvenuti" di una terra dalla grande e antica ospitalità.

Matteo Vocale, Mayor of San Nicandro Garganico

The 2022 Orienteering World Masters Championships are an opportunity for the whole Gargano to showcase to the European friends and to the whole world. I am sure that the athletes, together with their friends and families, will spend a great week in the unique places of the Promontory, collecting memories lasting forever.



Castel Del Monte ©photo Franco Cappellari



Isole Tremiti ©photo Vanda Biffani



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Haldna Leho

Garavaglia Massimo

Vezzali Valentina

Malagò Giovanni

Cozzoli Vito

Anesi Sergio

Emiliano Michele

Piemontese Raffaele

Luzi Teo

Barbone Michele

Eliasson Henrik

Nepi Molinaris Diego

Di Rocco Renato

Malossini Simonetta

Capone Loredana

Ciambetti Roberto

Lopane Gianfranco

Sannicandro Raffaele

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Gen. Comandante Carabinieri

Presidente WMOC Pres. Onorario CONI Puglia

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Nobiletti Giuseppe
Tavaglione Franco
D'Arienzo Pierpaolo
Sementino Michele
Potenza Antonio
Di Pumpo Michele
Di Brina Rocco
Guerra Carlo
Cristino Roberto
Bisceglia Michele
D'Anelli Carmine
Crisetti Michele
Merla Michele
Vocale Matteo
Esposito Carmine
Col. Lorenzon Nicola
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Col. Massarotto Roberto
Col. Gatto Simone
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Ten. Col. Di Paola Francesco
Rossi Ferdinando

Presidente Prov. di Foggia
Sindaco Comune di Vieste
Sindaco Comune di Peschici
Sindaco Comune di Monte S. Angelo
Sindaco Comune di Vico del Gargano
Sindaco Comune di Apricena
Sindaco Comune di Cagnano Varano
Sindaco Comune di Carpino
Sindaco Comune di Ischitella
Sindaco Comune di Lesina
Sindaco Comune di Mattinata
Sindaco Comune di Rodi Garganico
Sindaco Comune di S. Giovanni Rotondo
Sindaco Comune di S. Marco in Lamis
Sindaco Comune di San Nicandro G.
Prefetto Foggia
Comandante Carabinieri prov. Foggia
Comandante Reparto Biodiversità Foresta Umbra
Comandante 32° Stormo A. M.
Comandante 11° Reggim. Genio
Comandante 21° Regg. Artiglieria
Comandante Caserma "Jacotenente" Aer. Mil.
Questore Foggia



Foresta Umbra ©photo Vanda Biffani



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Vico del Gargano ©photo Carlos Solito



Mattinata ©photo Paolo Petrigiani



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Organiser, Advisers,

Organising committee

President:

Michele Barbone

Vice President:

Sergio Anesi, Nicolino Sciscio, Elio Sannicandro

General Director:

Gabriele Viale (direttore@wmocitaly.eu)

Vice GD:

Tommaso Scalet (director@orienteeing.it)

General secretary:

Simonetta Malossini (info@fiso.it)

Pino Scarpellino

Giancarlo Andolfatto

Technical secretary:

Chiara Sanzovo (info@wmocitaly.eu)

Cecilia Colonna

Accounting:

Giancarlo Andolfatto

Marketing & Sponsors:

Luca Petruzzellis, Gabriele Viale

Finish:

Eddy Sandri

IT & Time Keeping:

Edoardo Tona

Media & socials:

Daniela Pierpaoli, Giorgio Tonda, Riccardo Scalet

Public Races:

FISO Delegazione Puglia

Transportation:

Paolo di Bert

Logistic and parking:

Roberto Manea

Safety:

Mauro Gazzerro

Risk assessment:

Eustacchio Lionetti

VIP & Hospitality:

Virginia Pilat

Volunteers:

Aaron Gaio, Raffaele Mantuano

WMOC Tour Race Director:

Giuseppe Sisto

Start:

Giuseppe Simoni

Mappers

Sprint Qualification:

Francesco Buselli

Sprint Final:

Francesco Buselli

All forest races:

Viktor Kirianov, Yevgen Mazur, Yefimenko

Oleksandr, Mykhaylov Oleksandar

Jury and Contacts



Course Setters & Controllers

Course Setters manager:	Janos Manarin
Sprint Q:	Paride Grava/Sebastian Inderst
Sprint F:	Janne Salmi
Forest Q:	Riccardo Scalet/Tommaso Scalet
Middle Final:	Francesco Buselli/Lukas Patscheider
Long Final:	Federico Venezian/Michael Baggio

Advisers

IOF SEA:	David May (GBR)
IOF Assistant SEA:	Tulla Spinelli (SUI)
National Controller:	Simone Grassi (ITA)
IOF Council Representative:	Tom Hollowell
Jury Members:	Nermin Fenmen (GBR) Unni Strand Karlsen (NOR) Jozef Pollak (SVK)

Commentary

Master of Cerimony:	Pino Scarpellino
Presenter:	Stefano Ceiner
Speaker:	Stefano Galletti

Contact information

mail: info@wmocitaly.eu
FISO: Via della Malpensada, 84 - 38123 Trento
Website: <https://www.wmocitaly.eu/>
IOF Eventor: <https://eventor.orienteering.org/Events/Show/7208>



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Venue

Gargano is a historic sub-region of the province of Foggia, Puglia, situated in Southern Italy, consisting of a wide isolated mountain massif and forming the backbone of the Gargano Promontory projecting into the Adriatic Sea. The coast of Gargano houses numerous beaches and tourist facilities, including resorts such as Vieste, Peschici and Mattinata. The two major salt lakes of Lesina and Varano are located in the northern part of the peninsula.

Gargano is the site of the oldest shrine in Western Europe dedicated to the archangel Michael, Monte Sant'Angelo sul Gargano. Other tourist attractions include San Giovanni Rotondo, the Abbey of Santa Maria di Ripalta (Lesina) and the volcanic rocks, dating back to the Triassic Period, known as "Black Stones" in Lesina, as well as the Sanctuary of San Nazario.

Weather

July is one of the warmest months in South Italy and in Gargano. During WMOC week along the coastline, average temperatures during the day are expected to be around 27°C, with average night temperatures of around 23°C. Summer in general is quite dry in the area, July being the least humid month (average RH is 60%). There are only 2 days of rain on average too. Very occasionally evening storms might hit the coast for a couple of hours. It is advised to stay hydrated throughout the day.

In Foresta Umbra, thanks to the higher altitude, temperatures are cooler and usually are between 5°C to 10°C lower than the coastline ones.

Airport

The closest airport is Bari "Palese"

<https://www.aeroportidipuglia.it/homepagebari>.

From there you can rent a car and reach Gargano and the Event Centre proceeding north and then by following the direction Manfredonia. From there the main road will take you to Vieste.

From Rome Fiumicino airport

Daily bus at 03:30 pm from Fiumicino to Vieste: **45€/person**

Private taxi from Fiumicino to Vieste: **680€/car**

Private 8 seats minibus+driver from Fiumicino to Vieste: **880€/car**

From Napoli airport

Private taxi from Napoli airport to Vieste: **440€/car**

Private 8 seats minibus+driver from Napoli airport to Vieste: **550€/car**

Private 31 seats bus from Napoli airport: **830€/bus**

From Bari airport

Private taxi from Bari airport to Vieste: **325€/car**

Private 8 seats minibus+driver from Bari airport to Vieste: **430€/car**

Private 31 seats bus from Bari airport: **650€/bus**

Shuttle bus from Bari airport to Vieste: **20€/person**

Private taxi, minibus and bus transfer should be booked through fdg.viaggi@fergargano.it





MEMORIES FIRST APPLICATION 2009



ADVISERS MEETING NOVEMBER 2021



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POC PUGLIA 2014/2020 - Asse VI
Azione 6.8 "Interventi per il riposizionamento competitivo delle destinazioni turistiche"

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Programme

Friday 08th July	10:00 - 20:00	Event centre opens, registration and accreditation	Event Centre - Vieste
Saturday 09th July	09:00 - 19:00	Event centre opens	Event Centre - Vieste
	09:00 - 17:00	Model event - Sprint	Event Centre - Vieste
		Open Sprint training	Vico del Gargano/ Monte S. Angelo
	18:30 - 20:00	Opening ceremony	Arena Vieste
Sunday 10th July	09:00 - 13:00	Sprint Qualification	Arena Peschici
	10:00 - 12:30	WMOC Tour - Stage 1	Peschici South
Monday 11th July	09:00 - 13:00	Sprint Final	Arena Vieste
	10:00 - 12:30	WMOC Tour - Stage 2	Event Centre - Vieste
	18:30 - 19:30	Prize giving ceremony	Arena Vieste
Tuesday 12th July	10:00 - 16:00	Rest day Model event-Forest	Arena Foresta Umbra
Wednesday 13th July	10:00 - 14:00	Forest Qualification	Arena Foresta Umbra
	10:30 - 12:30	WMOC Tour - Stage 3	
Thursday 14th July	10:00 - 14:00	Middle Final	Arena Foresta Umbra
	10:30 - 12:30	WMOC Tour - Stage 4	
	18:30 - 19:30	Prize giving ceremony	Arena Vieste

Friday 15th July	09:00 - 13:00	Rest day Open model event <i>(transport provided on request only)</i>	Arena Foresta Umbra
Saturday 16th July	09:00 - 14:00	Long Final	Arena Foresta Umbra
	10:00 - 13:00	WMOC Tour - Stage 5	
	14:30 - 15:00	Prize giving ceremony	Arena Foresta Umbra
	18:30 - 19:30	Closing ceremony	

Hospitals

The major hospital in the area is located in Manfredonia. Vieste and Peschici, are both equipped with a small hospital during the summer. During the race a First-Aid station with doctors will be available at the arena.

Important phone numbers

Emergency **118**
Police **112**



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Event Centre

On Friday 8th and Saturday 9th July, the Event Centre will be in Vieste, inside the Scuola Media Statale Don Antonio Spalatro (41.881910, 16.169501). Cars may be parked at the official **WMOC 2022** parking area next to the Bus Terminal in Vieste and from there it is possible to reach the Event Centre on foot by following the marked route (0.5 km, approximately 6 minutes walk). All information about the event will be available in the Event Centre. Transport to competitions and models will be available from the Event Centre.



Getting to Vieste Event Centre

Arrival by bus or taxi to Vieste bus terminal from Bari, Rome or Napoli airport: the Event Centre is at 10 min walking distance.

If arriving by car, you can follow the SP53 or SS89 toward Vieste and park at the Vieste bus terminal parking area. From there you can walk to the Event Centre.

Services at the Event Centre

You will find the following facilities in and around the Event Centre Secretariat (see below for details)

- Display of start lists and results
- Info point for bus transport to the races
- Open training map possibilities
- Rest day excursions
- Orienteering Shops
- WMOC 2022 merchandising shop

The Secretariat

- is the information centre for WMOC 2022. At the Secretariat, you can collect your accreditation package/bag with
- Your start number bib(s) and safety pins
- Your SI-card if rented (no SIAC available for rent)
- Maps for the model events
- Parking ticket (if pre-ordered)
- Gift with local products
- Copy of updated Bulletin 2

Accreditation

You can pick up your accreditation package after showing your ID (also called "bag collection") at the Event Office on 8th and 9th July.

On the day of the Sprint Qualification (10th July) and Forest Qualification (13th July) you can collect your accreditation package in the Info Desk tent in the respective arena. Please allow sufficient time before your start.

You cannot pick up your accreditation package in the arenas on the Finals days or at the model events.

Please note that to board a bus to forest models and events, you need your number bib which is in your package.

The same applies to vehicle parking tickets (see also "Parking Permits" in the Transport section).

Accreditation packages for tour operators can be collected for the whole group. The bags for the group will be packed separately ready for pickup if so requested by the tour operator.

You will also be able to get information about the WMOC Tour at the Event Office/Info Desk.

Event Centre opening hours

Friday 8 th July	10:00 - 20:00	Bag Collection	Event Centre - Vieste
Saturday 9 th July	09:00 - 19:00	Bag Collection	Event Centre - Vieste
Sunday 10 th July	08:00 - 13:00	Bag Collection, Info Desk	Arena Peschici
Monday 11 th July	08:00 - 13:00	Info Desk	Arena Vieste
Tuesday 12 th July	14:00 - 18:00	Bag Collection, Info Desk	Event Centre - Vieste
Wednesday 13 th July	09:00 - 14:00	Bag Collection, Info Desk	Arena Foresta Umbra
Thursday 14 th July	09:00 - 14:00	Info Desk	Arena Foresta Umbra
Friday 15 th July	17:00 - 19:00	Info Desk	Event Centre - Vieste
Saturday 16 th July	08:00 - 14:00	Info Desk	Arena Foresta Umbra



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Entries

Changes made before 15th May 2022 are free of charge, from 1st June 2022 the fee is 10€. Late entries are possible after 15th May 2022 but only where there are vacancies in the start list.

Cancellation policy

Before June 1: 50% refund. A small handling fee will be kept for banking costs

After June 1: no refund.

The organiser reserves the right to cancel **WMOC 2022** in the following circumstances:

- force majeure
- inability to guarantee adequate security for the competitors and organisers on advice from the Italian Government or its agents e.g. the outbreak of an infectious disease or major environmental restrictions

Entry fees will be refunded minus 30€ in case of cancellation of the event by the organisers.

Ceremonies and social activities

Opening Ceremony Saturday 9th July 2022 from 18:30 to 20:00

The opening ceremony of **WMOC 2022** will take place in the Vieste arena located in Viale Marinai D'Italia and Marina Piccola (41.883946, 16.180565).

Participants are asked to gather before 18:30. The Athletes will be able to participate in the parade, behind their respective flag. The meeting point for the start of the parade will be at the beginning of the Europa Promenade at 06:00 pm.

Prize giving ceremonies

Sprint and Middle Final Prize giving ceremonies will be held in the Vieste arena located in Viale Marinai D'Italia and Marina Piccola (41.883946, 16.180565).

The Long Final Prize giving ceremony will be held in Foresta Umbra arena located in Laghetto d'Umbra (41.817826, 15.997932).

IOF Gold, Silver and Bronze medals will be awarded to the three best placed competitors in each age group for men and women in the A-finals. All medal winners will be invited to approach the ceremony podium before the start of the prize giving ceremony. The time for this will be announced by the speaker.

Press and Media

All press and media are welcome; please apply for accreditation by filling the application form in the Media & VIP section on www.wmocitaly.eu. You can pick up your accreditation badge at the Event Centre together with your free transport ticket. There will be a media tent in each arena with tables, chairs and electricity.

Accommodation

Gargano offers a variety of accommodation solutions, from Camping to Hotels. The **WMOC 2022** team has an agreement with many types of accommodation in the area offering discounted prices and special offers when booking.

For info and booking visit <https://www.wmocitaly.eu/accommodation/> or contact directly accommodation@wmocitaly.eu



Parco Naz. Alta Murgia ©photo Vanda Biffani



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Transport



Bus transport provided by WMOC

If you have booked WMOC bus transport to the races, you will find your bus ticket in the bag with your accreditation package. Please check that it is there. If you want to book WMOC bus transport, please book it on Eventor or contact the Secretariat.

There will be no organised transport for the Sprint Final.

Buses will depart from Vieste Bus Terminal GPS: 41.886301, 16.168146

Bus transport timetable

Detailed Bus timetables will be published in June, at the Event Centre and on the website.

The first WMOC bus to the Sprint Q and Long Final will leave after 06:30AM from Vieste terminal.

The first WMOC bus to the Forest Q and Middle Final will leave after 07:00AM from Vieste terminal.

Bus transport – tour operators

You will find the bus transport instructions in the day-by-day information and in the updated Bulletin 2.

Parking permit

You will find a parking permit in your accreditation package if you have booked one. Please check that it is there. Your car number plate will be recorded on it – if you have a rental vehicle, you can register the car number plate at the Event Centre.

There is limited parking at Sprint Qualification and all Forest races and Forest Models. The parking area at Vieste Bus Terminal is reserved and free for all WMOC participants. Just show your competition number bib to access it.

Senior transport service - for M/W 85+ (and M/W 80+ in SQ & SF)

As a courtesy to our oldest competitors, the organisers are providing free transport for certain age groups from Parking to the arena and from the arena to the Start.

The transfer shall be reserved at the event centre at the accreditation. Details about pick up and set down are given in the day-by-day information below.



Margherita di Savoia ©photo Marco Bottalico



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Competition rules

The event is organised according to the LATEST Competition Rules for IOF Foot Orienteering events dated 19th January 2022 and the 2022 WMOC Manual. The IOF Council decision taken on the 4th March 2022 for suspended IOF Member Federations is also implemented.

Training

Maps of relevant terrains for self training will be available for purchase at the Event Centre. Controls will be placed in the terrain on Saturday 9th July 2022 for the training maps of Vico del Gargano and Monte S. Angelo.

Embargoed Areas

Embargoed areas are shown on the webpage <https://www.wmocitaly.eu/embargo/>. Being in the embargo areas with an orienteering map or testing route choices will lead to disqualification in all cases.

Both the Sprint Qualification and Final terrains are under Open Embargo, which means participants are not allowed to be in the area from 07:00 on the competition day (i.e. 2 hours before the competition starts) until the last starters have finished.

All Forest terrains are under strict embargo. Participants are not allowed to be in the area until the Long Final has finished.

Previous maps of competition area

Old competition maps are available at: <https://www.wmocitaly.eu/embargo/>

But note that IOF Rule 14.6 says "On the day of the competition, the use of any map of the competition area by competitors or team officials is prohibited until permitted by the organiser".

This includes copies of old maps – please leave them behind!

Rule Deviation

The IOF has agreed that the clause in red below **will not apply** for the two Sprint races

Rule 19.4 (adapted for Sprint): For map scales 1:4000 or 1:3000, the minimum running distance between controls is 25 metres and the minimum straight line distance is 15 metres.

When the control features are similar (not distinctly different in the terrain and/or not distinctly different on the map), the minimum straight line distance between controls is 30 metres for map scales 1:4000 or 1:3000.

Electronic Punching System

The SPORTident punching system will be used. Touch free mode (Air+) will be activated in addition to classic SPORTident punching. Both regular SI-cards and SIAC cards (Touch-free) can be used.

SPORTident cards can be rented from the organisers by choosing this option in Eventor. No SIAC cards will be available for rent. The hire charge for the entire week is €50 if booked in advance. Without pre-registration the hire charge is €15 for one day or €75 for the entire week. €70 will be charged for any lost or missing card.

The SI-card number in your entry form is entered into Eventor. If for any reason you will be using a different SI-card, you must update it by email at info@wmocitaly.eu and in the Event Office/Info Desk at a fee of €10.

Finish

Your finish time is registered when you punch the SPORTident Finish station located on the Finish line. Punching on the Finish line is possible both in touch free and regular punching mode. In the forest races there will be two separate last controls for different age classes, identified by code numbers 200 and 201.

Clothing

Competitors can make their own choice of clothing and footwear. However, spiked shoes are not allowed for the Sprint Qualification and Sprint Final races. In rainy weather, slopes may become slippery (especially in the Sprint terrains) and tracks may become muddy; trail running shoes or orienteering shoes are recommended for the forest competitions.

Responsibility / insurance

Liability Waiver

You compete at your own risk. The organisers can accept no liability for injuries or sickness occurring either during the competition or during transport to and from the competition.

Safety and responsibility

The organisers ask that competitors use common sense in ensuring their own safety at all times. All competitors who take part in WMOC 2022 and in the open classes (including Model events) must consider any risks and take their own safety precautions and will be totally responsible for any injuries which might occur to them during the races. **All participants are recommended to take out an accident insurance policy that, in the event of an accident, will cover all**



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additional fees for retrieval, rescue and transport to the hospital.

Information about possible hazards

Ticks: Deer and wild boar are abundant in Foresta Umbra and, consequently, so are ticks. If you encounter any ticks on your body, remove them as soon as possible. If you are concerned about a tick bite or about possible infection, please consult a doctor. Some ticks carry Lyme Disease but tick borne encephalitis is not known.

Wasps and bees: Take your medication with you if you know that you are allergic to wasps or bees.

Fair Play

The organisers encourage all competitors to act with fairness. Competitors are requested not to speak to each other during the races (IOF Rule 26.1).

Use of equipment with GPS

IOF Rule 21.4 applies: Competitors must not use or carry telecommunication equipment between entering the pre-start area (the first start box) and reaching the Finish in a race, unless the equipment is approved by the organiser.

GPS-enabled devices (watches etc.) can be carried provided that they have no map display, they have no communication capability other than receiving GPS and are not used for navigation purposes.

Anti doping

IOF Anti-doping rules apply, <http://orienteering.org/anti-doping/>

Fire and smoking

This is a non-smoking event. Smoking and any use of open fires is strictly prohibited in all arenas, race areas as well as in the Event Centre.

Open courses

On each race day a number of open courses ("Public races") named **WMOC Tour** are available. These courses are open to everyone. You can enter via the WMOC website, or it is possible to enter at the Info Desk in the arenas on each race day. Information about the locations of starts and finishes for the open classes is available in the day-by-day information.

Child care

A Kindergarten service free of charge will be available during the races. Children must be 3 years or older and nappy-free.

Baggage storage

It is possible to leave your belongings in a supervised baggage area in all arenas. The baggage storage area will open one hour before the first start and closes at the same time as the Info Desk closes in the arena. You do not need to book luggage storage in advance. The daily cost of the baggage storage is €3/bag or 10€/bag for the whole week, to be paid at the event centre.

Start number bibs

All competitors will receive two number bibs in their accreditation package. In the Sprint competitions, one has to be visible on the chest and one has to be worn on the back. In the forest competitions one has to be visible on the chest only. In the forest competitions, the second number can be kept as a backup in case the first number is lost. Safety pins will be handed out with the bibs.

Please complete the back of one of your bibs with health data and emergency contact. This information could be helpful to the medical team in an emergency. Lost bibs can be replaced at the Event Centre or at the Information in the arenas for a charge of €5.

Start details for the Sprint Qualification and Forest Qualification races are printed on your bib. You are requested to enter your race details (start location and start time) for the Finals when you know them.

The ten last starters in each A-class final will get an additional 1-10 start bib for the Final in question. The old number bib should still be worn and visible below the new one. These start numbers can be collected by self-service at the start, near the entry to the start boxes.

Start lists

Start lists will be published on the WMOC 2022 web page and in IOF Eventor as soon as they are ready. Start lists will be displayed in the arenas and at the Starts in all races. Start lists will also be displayed in the Event Centre.

Start lists for the Sprint Qualification and the Forest Qualification

The start draws, and heat allocations are based on IOF Competition Rule 12.22. For the qualification races, competitors in classes with more than 80 entrants are allocated to parallel heats. The heats are indicated by numbers after the age class, e.g. W55-2 is the second heat for W55 runners. The number of runners in each heat is as equal as possible, up to a maximum of 80. Start lists for the Sprint Qualification and the Forest Qualification races are available on the WMOC 2022 website and IOF Eventor when published.



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How to qualify for the Sprint Final and the Middle Final

The qualification system is explained in IOF Foot-O Competition Rule 12.23:

Qualification for the Sprint and Middle distance finals is based upon the placings in the qualification race. The best competitors from each qualification race heat qualify for the A-final of the class. The next best competitors from each qualification race heat qualify for the B-final and so on.

- If there are 161 or more entrants, the number of qualifiers from each heat to the A-final must be equal and must be calculated so that the total number of qualifiers is 80, or the lowest possible number above 80. Similarly for the B-final and so on except that if there are more than two finals and fewer than 20 competitors have qualified for the lowest ranked final, they may be transferred to the next final up. If, towards the bottom of the results, all the placed runners in one or more heats have been allocated to a final, the allocation continues with placed runners from the other heats, place by place, until that final has at least 80 or until all the placed runners have been allocated.
- If there are from 20 to 160 entrants, then they must be split as equally as possible between an A-final and a B-final, with the A-final having at least half the total number of entrants.
- If there are fewer than 20 entrants, then all compete in the A-final.

If two or more competitors tie for a place in a final, all of them must qualify for that final.

Competitors who start but are not placed, or who do not start, in the qualification race may start before the qualified runners in the lowest ranked final of their class, but appear in the result list as not placed.

Start lists for the Sprint Final and the Middle Final

Start lists will be available via the WMOC 2022 web page and IOF Eventor page.

Start lists for the Long Final

Start lists will be available via the WMOC 2022 web page and on IOF Eventor.

How to qualify for the Long Final (IOF Rule 12.24):

The Long distance finals have the same composition as the Middle distance finals except that some competitors are promoted to a higher final and some are relegated to a lower final according to their result in the Middle distance final.

Purely for the determination of promotion and relegation in this rule, any competitors who successfully completed the lowest ranked Middle distance final are regarded as having been placed, even if they were not placed in the qualification race and hence appeared in the Middle distance result list as not placed.

First, any competitors who have not entered the Long distance are removed and all subsequent references are to the numbers after this has been done.

Promotion and relegation are carried out as follows:

- If there is a single Middle distance A-final in a class, there is a single Long distance A-final with the same composition.
- If there are only two Middle distance finals (A and B) in a class
- the bottom 10% (rounded down) of the A-final are relegated to the B-final.
- The number in the A-final is brought back up to the number in the Middle distance A-final by promoting the next best-placed competitors from the B-final.

If there are more than two Middle distance finals in a class the promotion and relegation is carried according to the table below:

		Middle Final results				
		A	B	C	D	E
3 (A,B&C)	promotions		top 10 to A	top 2 to A; next 8 to B		
	relegations	bottom 12 to B	bottom 10 to C			
4 (A,B,C,D)	promotions		top 12 to A	top 1 to A; next 9 to B	top 2 to A; next 8 to C	
	relegations	bottom 15 to B	bottom 12 to C	bottom 10 to D		
5 (A,B,C,D,E)	promotions		top 14 to A	top 1 to A; next 10 to B	top 1 to A; next 9 to C	top 2 to A; next 8 to D
	relegations	bottom 18 to B	bottom 14 to C	bottom 12 to D	bottom 10 to E	

If there is a tie of two or more competitors in the Middle distance final and they are in the last qualifying place for promotion, they are all promoted. Where there is a tie in the last qualifying place for relegation, all are relegated.

The top 4 from each qualification heat are guaranteed personal places in the Long distance A final, if they start in the Middle distance final but regardless of their performance in that race. Any who fail to qualify for the A-final according to the criteria above are added to the A-final as extra starters. If any failed to start in the Middle distance final, the guaranteed place is simply lost.

Finally, any competitors who entered only the Long distance competition are added to the lowest final.

It is not necessary to have been placed in the Middle distance final in order to be placed in the Long distance final.

In each Long Distance final, the start order is in groups in reverse order of the Middle distance final in which the competitors ran. For example, where there are three Middle distance finals, in the Long B Final those promoted from the Middle C Final start earliest, those who ran the Middle B final start next and the latest group are those relegated from the Middle A final. Within those groups the order is the reverse of their positions in those finals, i.e. the fastest starts last. Any who were not placed in a Middle Distance final start within their group in random order before those who were placed.

Maps

All maps are digitally printed on durable, water-resistant, synthetic paper. Model maps will be printed on this same paper. Plastic bags will not be supplied for environmental reasons but you are free to bring your own if necessary.

Maps are drawn according to ISOM2017-2 and ISSprOM2019-2.

The scale of all the sprint maps is 1:3000. Contour interval is 2.5 metres. For the forest qualification and middle final competitions, the map scale is 1:7500. In the Long final for competitors in classes M/W 35 to M/W 40 inclusive is 1:10000, for classes MW 45 and above – 1:7500. Contour interval is 5 metres.

Control Descriptions

Control descriptions are printed on the front side of all competition maps. Loose copies of the control descriptions will be available in the start lanes as part of the start procedure. Competitors have 1 minute to choose and prepare their control descriptions.

For environmental reason we strongly suggest you use some form of control description holder for loose control descriptions. However transparent tape will be available at each Start in case of “emergency”.

Controls

Each control site is equipped with the control flag and an electronic punching unit (SPORTident station) There will be two or more punching units on most of controls, especially in high traffic controls, e.g. the last controls.

Additionally, a pin punching device will be at the control for use if SPORTident fails. The control code is shown on the control stand and/or on the top of the punching units.

The number codes used range between 31 and 201. There are many controls so please check your control codes carefully!

Examples of the control stands will be available in the Model Events.



Foto di Varano Gargano ©photo G. Tolisano



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Start Procedure

You are responsible for following the correct route to your start area. A “warm-up” map will be available for each day at the exit from the arena which you should use to find your particular start area. Please note that there are three start areas for each day (S1, S2 and S3) and that you may not have the same Start number each time. Take especial care that you know your Start number for each day! Boards reminding you of which classes are at which Starts will be strategically positioned too.

The competition area is out of bounds until your start time. All the Starts will be silent and it is your responsibility to be there on time. You will not be allowed to start if you don't have a bib number or an SI-card. If you lose or forget your bib number and/or SI-card, you can get a replacement in the Secretariat in the Arena.

Clear and Check

Each SI-card must be cleared and checked before each race. Stations for SIAC Battery check, Clear, Check will be in the start box, near the entrance to the -4 min start box and in the -4 start box. Insert your SI-card into the “Clear” unit and wait a few seconds until the unit beeps and flashes, verifying that previous data has been deleted.

After clearing your SI-card, place the SI-card into a “Check” unit where the “Check” unit will beep and flash immediately, confirming that the SI-card is ready to use. Start staff will be present to assist you.

Start boxes

Competitors will pass through four consecutive start boxes in the Start system, and remain one minute in each one.

- 4 Box

You enter when the clock in front of the first start box (-4) displays your start time. This will be 4 minutes before you start. At this point your bib number and start time will be checked. If you have not already cleared and checked your SI-card, you can do these in this box.

- 3 Box

You can collect a loose control description for your course in the second box. Please provide your own means of holding the control description sheet. Transparent adhesive tape will be available but for emergency use only! It is your responsibility to take the right one!

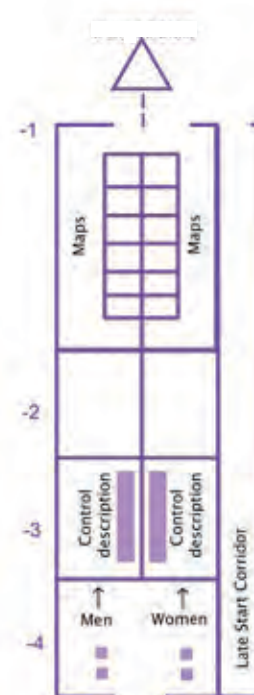
- 2 Box

For any additional checks and information

- 1 Box

In this last box you walk to the map box with your class category displayed. 5 seconds before the start, a clock will start beeping. The last beep is the start beep and is longer than the others. You can take your map at the first beep and check that the course on the map is correct.

Your race starts at the start beep. It is your responsibility to take the correct map, please take only one. From this box there is a marked route to the start point. The start point is marked with a control flag in the terrain and a start triangle on the map. The marked route from this box to the start point must be followed.



Late start

If you get to the start after your proper start time you must report to the late start lane where an official will accompany you. It is still your responsibility to clear and check your SI-card. Control descriptions and the competition map will be handed to you by an official. You will be told when to start. **Your start time will be recorded by punching a start unit.**

According to IOF Rule 22.9

- In an interval start, if the competitor is at the start line less than half the start interval after their start time, they must start immediately.
- In an interval start, if the competitor is at the start line more than half the start interval after their start time, they must start at the next available half start interval.

The results of competitors who start late will be based on their original start time with no time compensation. Only if their lateness is due to the fault of the organiser will your actual start time be used (IOF Foot O Rule 22.10).

If you are late, whether it is your fault or the organiser's, do not discuss this with the start officials. Instead, if you think the organiser is responsible, make a Complaint after finishing the race at the Problem Desk before leaving the Finish area.

During the race

Safety measures during the race: A large number of competitors will be in the terrain at the same time, especially in the Sprint competitions. Please be careful **when running around corners and down stairs** in order not to hurt yourself, other competitors or pedestrians.

Last controls and run-in

In the Middle and Long Finals there are two easily distinguishable last controls. Please make sure you punch the correct one. You must follow the marked route from the last control to the finish line.

Finish Procedure

At the Finish

You must punch one of the SI units on the Finish line, your time only stops when you punch one of these units. The finish station will be working both in standard and AIR+ modes. Your bib number must be clearly visible when you pass the Finish line.

All competitors must punch the Finish even if they have not completed the course.

After the Finish line

The schematic flow diagram below shows how the Finish system works. After the finish line, you will be directed to a readout station to read out your SI-card. The system will verify if you have visited all controls on your course in the correct order. Individual split times will be given to each competitor after read out.

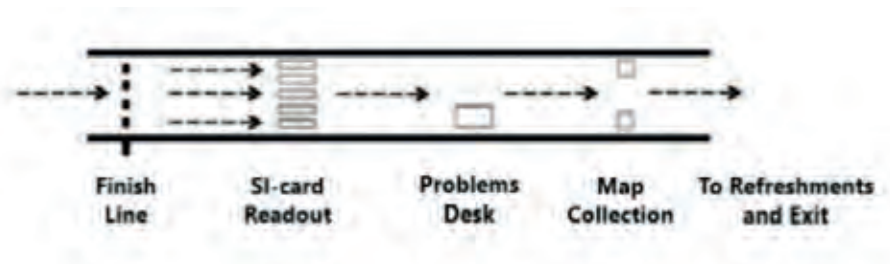
You must read out your card, even if you have not completed your course. If you do not read out, you will be considered "missing in the forest" which may cause a search in the forest for you.

If you are using a rented SI-card and this is your last race, you must return your SI-card to the staff.

If the readout displays an unexpected problem with your punches, **don't discuss this with the readout official but proceed to the Problems desk instead.**

You should also contact the Problems desk if you started late and believe that it is the organiser's fault.

You must hand in your competition map after passing the Problems Desk. Clean competition maps will be handed out later after the last starter has started.



Map reclaim

The map reclaim procedure varies between the races. Information about map reclaim at each race is in the day-by-day information below.

Maximum time

Maximum time for Sprint Races:	1 hour
Maximum time for Forest Qualification:	3 hours
Maximum time for Middle Final:	2 hours
Maximum time for Long Final:	3 hours.

Refreshments

Remember to increase your fluid intake before, during and after the race in the event of hot weather to optimise your performance and prevent heatstroke. There will be water at the Starts and in the Finish area in all races. The number of water stations on the courses is shown in the day-by-day info.

Water stations in the forest will be supervised by officials. Their locations will be shown using the standard drink cup symbol on the map as indicated by the cup symbol in column H of the control description. The water is pure and drinkable.

Arena catering

Catering outlets will be at the competition arena during competition days.

At the Sprint Final the catering area will serve from 12:30 and at the arena for forest races the catering area will serve from 10:00 until the end of the race as there are shops and stores around the competition area. The arena catering will have a selection of hot dishes and cold dishes which will vary between days. The drinks selection will include beer, water, soft drinks and coffee. The finish area has free drinking water.

Payment

The arena catering will accept payment by cash and by card.

Dietary restrictions

There will be a vegetarian option for both the cold and hot dishes every day. There will be a smaller selection of products for gluten-free participants and those with lactose intolerance. Participants with other dietary restrictions are welcome to contact personnel in the arena catering and they will do their best to guide you.

Results service

Individual split times will be given to each competitor on paper and will also be available at www.liveresultat.se. Live provisional results will be on display at each Event Arena where continuously updated results will be displayed on screens. You can view results on your own devices - such as smart phones, tablets or laptops. The official results will be displayed as soon as possible after the events on the **WMOC 2022** page and in IOF Eventor. They will consist of results lists, split times and LiveloX



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Clothes transport from start to finish

There is no transport of clothes from Start to Finish. Additional information will be given if the weather is extreme.

Lost and found

Items found in the arenas should be handed in at the Lost and Found counter by the Baggage Storage.

Disqualification

You will be disqualified if you miss one or more controls or do not visit the controls in the correct order. Competitors who fail to respect signs and markers made by the organisers may also be disqualified. Entering forbidden areas or crossing forbidden obstacles in the Sprint events will also lead to disqualification.

Toilets

Toilets are available in the Event Centre, at the bus terminal and at the arenas.

Showers

There are no showers in the arenas. Please note that it is forbidden to enter and/or swim in the lake at the arena in Foresta Umbra.

Commentary and live coverage

Race commentary will be provided by Per Forsberg and Stefano Galletti. Live results will be updated throughout the competitions in the event arenas and on the WMOC 2022 website.

Complaints and Protests

In accordance with IOF Competition rules 27 and 28, Complaints and Protests must be made in writing (in English), using the appropriate forms. Complaints should be handed into the Problems Desk in the Finish area within 10 minutes of finishing using the Complaint form, which is available at the Problems Desk. If the complaint is of a personal nature, e.g. if you feel that you have been disqualified unfairly, the Complaint should be made to the Problem Desk immediately. The organiser will consider your Complaint as quickly as possible and let you know the outcome. There is no fee for a Complaint.

If you are not satisfied with the organiser's decision, then, within the next 15 minutes, you can protest. Protests should be made at the Info Desk in the Event Arenas using the official form that the Info Desk can provide. You will have to pay a protest fee of €50 to the IOF SEA. If a Protest is signed by more than one competitor, each one has to pay a protest fee. Protests will be passed to the IOF Senior Event Adviser, who will convene the jury. After due consideration, the jury will communicate its decision to the protestor. The Protest fee will be returned if the Protest is accepted.

First Aid during competitions

There will be First Aid facilities in all event arenas on competition days. First Aid stations are present in the terrain during forest competitions and are marked by a red cross on the map. The stations will be manned by qualified First Aid providers who can summon additional assistance as needed. In the event of an accident, illness or injury in the terrain or in the arena, fellow runners are requested to aid the injured individual and to help summon assistance if necessary. First Aid is not provided during the model events.

General Data Protection Regulation (GDPR) Statement

Individuals entering the WMOC do so by submitting personal data to an IOF-hosted platform. From here, the local organisers will collect the data that are necessary for that individual's participation in the championships and related activities during the event (including organiser-provided accommodation). These data include, but are not restricted to, name, age, address, country, and email address. During the event, newsfeeds, start times and results will be published on the internet and may contain individual runners' names, age classes, and home countries. The local organisers will not share the participants' personal data with a third party, will store the data safely on the appropriate media, and will delete files containing personal data as soon as feasible after WMOC is finished. When entering WMOC via Eventor to participate in or attend WMOC and its related activities, including organiser-provided accommodation, the participant / attendant acknowledges the right of the organisers to store said data until the WMOC is finished. For information on data storage by the IOF, please refer to <https://orienteering.sport/data-protection-at-the-iof>

Photography and filming

Professional photography and video production will be taking place at WMOC and images may be used on future promotional materials for WMOC or other events organised by the IOF. By attending or participating in WMOC and related activities, each participant acknowledges that the event or part of it may be filmed by audio, visual, audio-visual or electronic means or photographed, including photographs of individuals or groups of participants. The participant agrees to permit the WMOC organisers, or any third party licensed by IOF or WMOC, to use and distribute such footage and photographs, which may feature images of you, in all or any media (including social media) whether now known or hereafter to be invented throughout the world in perpetuity for the purposes of advertising, publicity, reporting and otherwise in relation to the exploitation of such recordings and photographs. Please inform the photographer if you do not wish to be included in any individual or group photographs. Please note that you may encounter photographers anywhere in the competition areas – maybe even a video drone.

Sprint Model event

Saturday 9th July - Vieste West



The Sprint Model event is at the Event Centre in Vieste and is open from 09:00 to 17:00

How to Reach the Model Event

No transport is provided by the organisation. You can reach the Model Event from the parking area of Vieste bus terminal by following the signs to the Event Centre.

Course

The Start and Finish of the Model Event is located at Scuola Media Don Antonio Spalatro GPS:41.881737, 16.169521.

10-15 controls are placed in area. They can be visited in any order and without time control. The model loosely represents the race mapping style and control placements.

Tour group bus information

Tour buses can park at the parking place at Vieste bus Terminal. You can reach the Model Event from the parking area of Vieste bus terminal by following the markings to the Event Centre.

Terrain

The Model event terrain consists mostly of urban paved area with some stairs and small parks. The area has some height differences similar to the ones which can be found in the WMOC Sprint races.

Shops

There is a small kiosk at the Event Centre as well as Orienteering shops. There is a big supermarket right next to the bus terminal in Vieste.



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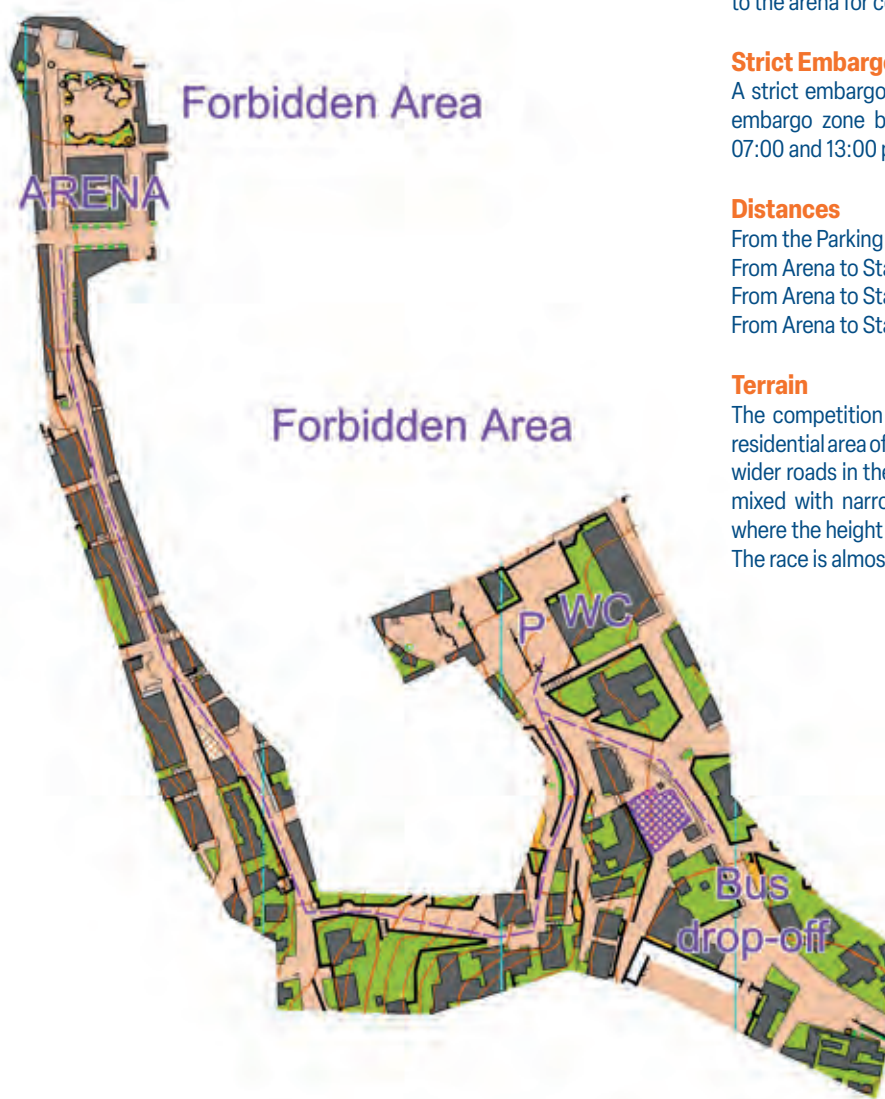
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Sprint Qualification

Sunday 10th July - Peschici

Forbidden Area



How to reach the Sprint Qualification

By car with parking pass, from Vieste follow SS89 direction Peschici, from the roundabout after Tamolil gas station follow the WMOC 2022 signs toward Peschici South. Parking will be located in "Via Monte Santo" (GPS: 41.945173, 16.016526)

With WMOC bus from Vieste bus terminal: the bus will take you to the drop off location in Peschici South (GPS: 41.943868, 16.017821)

Tour group buses will follow the same route and procedure as the buses.

The distance from the parking and the bus drop off to the arena is 700 metres.

There will be a dedicated transport service from the bus drop off to the arena for competitors aged 80 and over.

Strict Embargo from Sunday 10th, from 07:00

A strict embargo takes place on July 10th at 07:00. Being in the embargo zone before your start or after your finish between 07:00 and 13:00 pm may lead to disqualification.

Distances

From the Parking & Bus drop off to the arena	700m
From Arena to Start 1	350m
From Arena to Start 2	200m
From Arena to Start 3	100m

Terrain

The competition area consists of the historical centre and the residential area of the town of Peschici. The site is characterised by wider roads in the residential area and gentle height differences, mixed with narrow and roads and stairs in the historical area, where the height differences are greater.

The race is almost fully on paved surfaces.

Start time

First start is at 09:00. There will be a good spread of start times to reduce the risk of collisions in the relatively small mapped area.

Club tents

Are not allowed at the arena. There will be areas of shade for the runners beside the buildings.

Course detail

All maps are printed on A3 water resistant paper for all classes.
Scale 1:3000 / 2.5m

Course lengths are the shortest possible race distances.

There will be a spectator arena passage for all classes. The diagram below shows how it is marked on the map – a mandatory taped route followed by free navigation:

Map reclaim

Your competition map will be collected at the finish. New competition maps will be handed out after the last start.



Course Lengths

Class	Start	Length (m)	Climb (m)
M35-1	1	3000	100
M40-1	1	3000	100
M45-1	1	2500	90
M45-2	1	2500	90
M50-1	1	2450	80
M50-2	1	2450	80
M55-1	1	2300	75
M55-2	1	2300	80
M55-3	1	2300	75
M60-1	2	2300	70
M60-2	2	2250	75
M60-3	2	2300	70
M65-1	2	2000	65
M65-2	2	2050	65
M65-3	2	2050	60
M70-1	2	1850	55
M70-2	2	1850	60
M70-3	2	1850	55
M70-4	2	1860	55
M75-1	3	1600	55
M75-2	3	1600	45
M75-3	3	1600	50
M80-1	3	1400	40
M80-2	3	1400	40
M85-1	3	1250	30
M90-1	3	800	25
M95-1	3	650	20

Class	Start	Length (m)	Climb (m)
W35-1	1	2500	90
W40-1	1	2300	90
W45-1	2	2250	75
W50-1	2	2100	65
W50-2	2	2100	65
W55-1	2	2000	65
W55-2	2	2050	65
W55-3	2	2050	60
W60-1	2	1850	55
W60-2	2	1850	60
W60-3	2	1850	55
W65-1	2	1800	55
W65-2	2	1800	55
W65-3	2	1800	55
W70-1	3	1600	55
W70-2	3	1600	45
W75-1	3	1400	40
W75-2	3	1400	40
W80-1	3	1250	30
W85-1	3	800	25
W90-1	3	650	20
W95-1	3	650	20



Attention:

In case of rain some stone-paved roads might be very slippery.

There can be tourists on the course; pay attention to pedestrians while running



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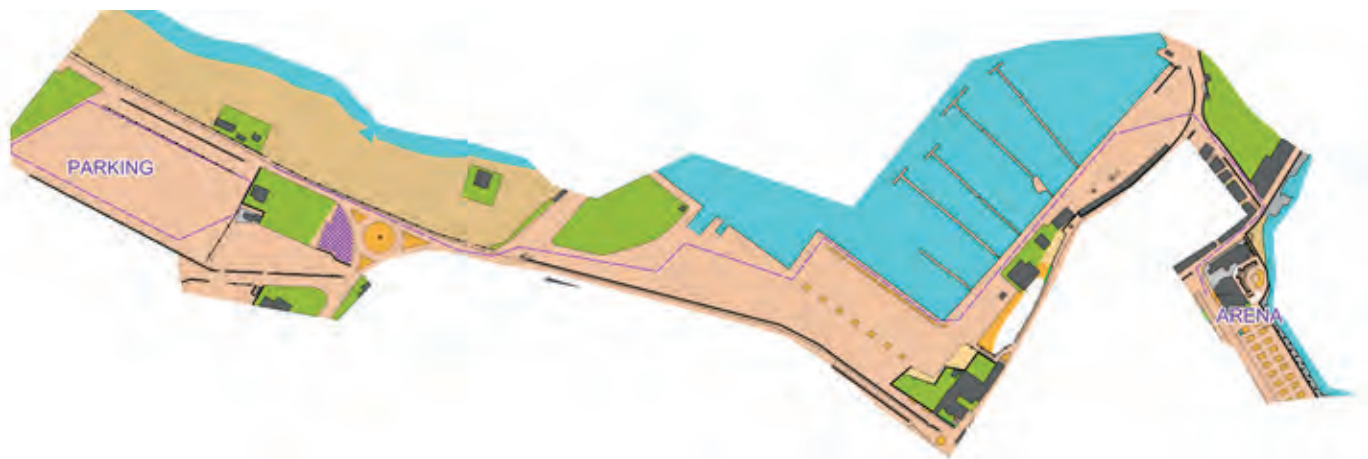
Sprint Final

Monday 11th July - Vieste

How to reach the Sprint Final

By car: you can reach Vieste from the west by following SS89 or from the east by following SP53 direction Vieste. The official parking area is at Vieste bus terminal (GPS: 41.886131, 16.167346) No transport is provided by the organisers.

Tour group buses can drop-off competitors at Vieste bus terminal (GPS: 41.886131, 16.167346) The distance from Vieste bus terminal to the Arena is 1200 metres. There will be a dedicated transport service from Vieste bus terminal to the Arena for competitors aged 80 and over.



Strict Embargo from Monday 11th, from 07:30

A strict embargo takes place from 07:00. Being in the embargo zone before your start or after your finish between 07:00 and 13:00 pm may lead to disqualification.

Distances

From Arena to Start 1	200m
From Arena to Start 2	100m
From Arena to Start 3	50m

Terrain

The competition area consists of the historical centre and the residential area of the town of Vieste. The site is characterised by wider roads in the residential area and narrow roads and stairs in the historical area. Some roads and stairs are rather steep. The race is almost fully on paved surfaces with some short parts in city parks.

Start times

First starts are at 09:00. There will be a good spread of start times to reduce the risk of collisions in the relatively small terrain area.

Club tents

Are not allowed at the arena. There will be areas of shade for the runners beside the buildings.

Course details

All maps are printed on A3 water resistant paper. Scale 1:3000 / 2.5m interval

The length is the shortest possible race distance.

Attention:

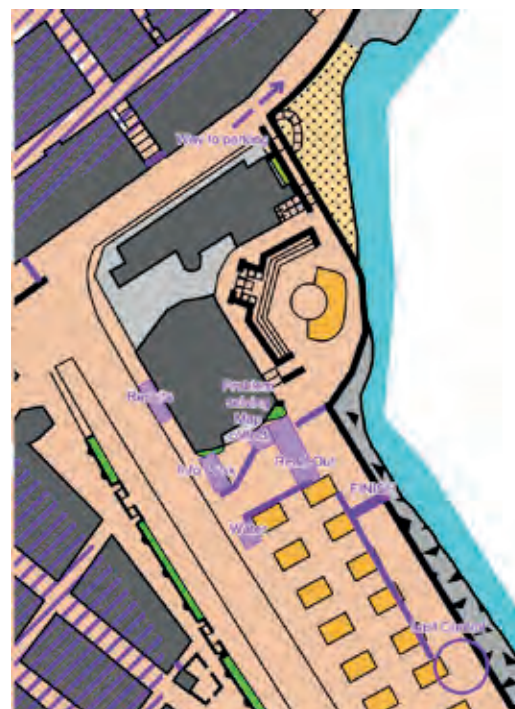
In case of rain some stone-paved roads might be very slippery.

There can be tourists on the course, pay attention to pedestrians while running

Course Lengths

Class	Start	Length (m)	Climb (m)
M35A	1	3300	120
M35B	1	2800	105
M40A	1	3050	110
M40B	1	2750	100
M45A	1	2950	100
M45B	1	2400	80
M50A	1	2750	100
M50B	1	2350	90
M55A	2	2600	85
M55B	2	2200	75
M55C	2	2000	70
M60A	2	2450	80
M60B	2	2400	80
M60C	2	2000	65
M65A	2	2250	80
M65B	2	2100	70
M65C	2	1860	60
M70A	2	2100	70
M70B	2	1980	70
M70C	2	1900	55
M70D	2	1700	50
M75A	3	1900	65
M75B	3	1600	50
M75C	3	1600	50
M80A	3	1600	50
M80B	3	1300	35
M85A	3	1300	35
M85B	3	1050	20
M90A	3	800	20
M95A	3	800	20

Class	Start	Length (m)	Climb (m)
W35A	1	2800	105
W35B	1	2400	80
W40A	1	2650	90
W40B	1	2300	80
W45A	1	2650	90
W45B	1	2200	80
W50A	1	2300	80
W50B	1	2100	70
W55A	2	2200	75
W55B	2	1900	60
W60A	2	2000	70
W60B	2	1800	55
W65A	2	1900	60
W65B	2	1900	55
W65C	2	1700	50
W70A	2	1800	55
W70B	3	1550	45
W75A	3	1550	45
W75B	3	1300	30
W80A	3	1300	30
W80B	3	1050	20
W85A	3	1050	20
W90A	3	800	20
W95A	3	800	20



Forest Model Event

Tuesday 12th July - Foresta Umbra

The Model event for the Forest Qualification race is in Foresta Umbra. It is open from 10:00 to 16:00

How to Reach the Model Event

By car with parking pass: from Vieste follow SS89 direction Peschici. At the junction to SP52bis turn toward Foresta Umbra and follow the WMOC 2022 signs. Parking will be located in "Distaccamento Areonautico Jacotenente" (GPS: 41.820613, 15.988881)

With WMOC bus from Vieste bus terminal: the bus will take you to the drop-off location in Foresta Umbra Arena (GPS: 41.818784, 15.997267)

Tour group buses will follow the same route and procedure as the organisers' buses.

The distance from the parking to the Model Event and Foresta Umbra Arena is 900m

The bus drop-off is at the Arena.

There is no organised special transfer service for the oldest competitors.



Course

The Finish of the Model Event is located at Cutino d'Umbra (GPS: 41.818946, 15.999113). 10-15 controls will be placed in area which can be visited in any order and without time control. The model loosely represents the race mapping style and control placements. Competitors are advised that the terrain in the far south of the map is most representative of the large depressions, cliffs and rocky hills of the main competition areas.

Tour group bus information

Tour buses can drop off passengers as for the WMOC buses. They should then follow the organiser's directions to the bus parking.

Terrain

The Model event terrain consists of karst areas with beech tree vegetation. The most relevant part of the Model Event is the one located on the South-East edge of the Model Event map.

Services

There are no shops at the Model Arena. Water and toilets are available at the Arena.



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ALL FOREST RACES

(Forest Qualifier, Middle Final, Long Final)

The following information applies to each of the above three days:

Travel to the event: as for the Forest Model Event

Arena Layout – is common to all three races

Terrain

Each event terrain consists of karst areas (typified by huge sinkholes in limestone terrain) with beech tree vegetation.

The forest has generally good runnability, including in the large depressions, but many hills are stony and give slower running. There are numerous areas with good contour detail.

Light green on the map is generally holly.

Club tents

Are allowed only on the designated areas.

Course details

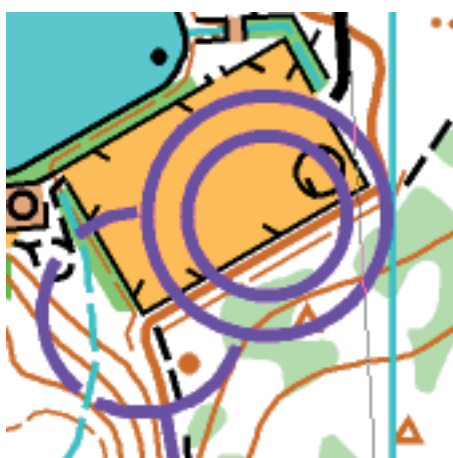
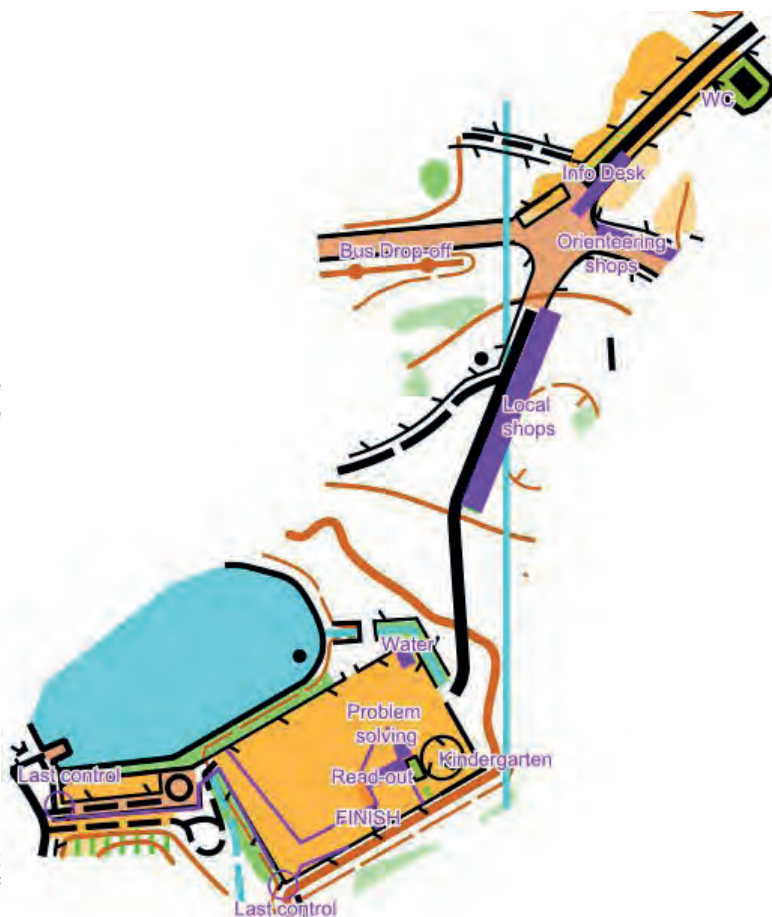
All maps are printed on A4, A3 and A3+ water resistant paper.

Attention:

Some stony areas might be hard to cross. The karst terrain with rather large depressions and in all forest races presents an uneven running surface in some areas. Ankle taping is suggested.

Please be aware that some courses have run-ins which are such that the last control is fairly close to the Finish so that the two sets of circles overlap.

An example of the way this is shown on the map is given here



Forest Qualification

**Wednesday 13th July - Foresta Umbra
(Riserva Falascone)**

Distances

From Arena to Start 1 2400m

From Arena to Start 2 2200m

From Arena to Start 3 1600m

A special transfer service is organised for competitors 85+ years to reach Start 3.

Start times

First starts are at 10:00.

Map Scale

The map scale is 1:7500. Contour interval is 5 metres.

Road Crossing

All competitors cross a minor road which has light traffic. For safety reasons, all courses have a common control followed by a short mandatory taped route across the road. **You must cross at the crossing point marked on the map.** The crossing will be manned.

Course Lengths

Class	Start	Length (m)	Climb (m)
M35-1	1	7900	310
M40-1	1	7900	310
M45-1	1	6750	280
M45-2	1	6700	280
M50-1	1	6750	280
M50-2	1	6700	280
M55-1	1	5150	245
M55-2	1	5250	250
M55-3	1	5250	250
M60-1	2	4700	230
M60-2	2	4800	235
M60-3	2	4800	235
M65-1	2	4300	225
M65-2	2	4300	225
M65-3	2	4300	230
M70-1	2	4100	190
M70-2	2	4100	190
M70-3	2	4100	180
M70-4	2	4100	180
M75-1	3	3600	150
M75-2	3	3600	140
M75-3	3	3600	140
M80-1	3	3150	90
M80-2	3	3300	90
M85-1	3	3000	65
M90-1	3	2200	50
M95-1	3	1650	25

Class	Start	Length (m)	Climb (m)
W35-1	1	5150	245
W40-1	1	4700	230
W45-1	2	4000	185
W50-1	2	3700	185
W50-2	2	3700	185
W55-1	2	3600	150
W55-2	2	3600	140
W55-3	2	3600	140
W60-1	2	3500	110
W60-2	2	3500	115
W60-3	2	3500	115
W65-1	2	3500	110
W65-2	2	3500	115
W65-3	2	3500	115
W70-1	3	3150	90
W70-2	3	3300	90
W75-1	3	3000	65
W75-2	3	3000	65
W80-1	3	2200	50
W85-1	3	1900	35
W90-1	3	1650	25
W95-1	3	1650	25

Middle Final



Thursday 14th July - Foresta Umbra (Laghetto d'Umbra)

Distances

From Arena to Start 1 3200m
From Arena to Start 2 2000m
From Arena to Start 3 650m
A special transfer service is organised for competitors over 85 years old to reach Start 3.

Start times

First starts are at 10:00.

Map Scale

The map scale is 1:7500. Contour interval is 5 metres.

Course Lengths

Class	Start	Length (m)	Climb (m)
M35A	1	5550	190
M35B	1	4200	150
M40A	1	5550	190
M40B	1	4200	180
M45A	1	4350	160
M45B	2	3550	140
M50A	1	4200	150
M50B	3	3600	130
M55A	2	3900	170
M55B	2	3550	140
M55C	3	3100	110
M60A	2	3900	120
M60B	3	3450	125
M60C	2	3100	110
M65A	2	3550	120
M65B	3	3100	110
M65C	2	2950	95
M70A	2	2900	110
M70B	3	2950	95
M70C	3	2510	90
M70D	3	2650	70
M75A	2	3000	90
M75B	3	2650	70
M75C	3	2300	60
M80A	3	2300	60
M80B	3	1700	50
M85A	3	1700	50
M85B	3	1400	40
M90A	3	1400	45
M95A	3	1050	40

Class	Start	Length (m)	Climb (m)
W35A	1	4350	160
W35B	3	3600	130
W40A	1	4200	180
W40B	3	3600	130
W45A	3	3450	125
W45B	3	2800	100
W50A	2	3100	110
W50B	3	2510	90
W55A	2	3200	100
W55B	3	2600	85
W60A	3	2800	100
W60B	3	2550	70
W65A	3	2800	95
W65B	3	2600	85
W65C	2	2300	60
W70A	3	2500	70
W70B	2	2100	60
W75A	3	2100	60
W75B	3	1400	40
W80A	3	1400	40
W80B	3	1400	45
W85A	3	1400	45
W90A	3	1050	40
W95A	3	1050	40



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Long Final

Saturday 16th July - Foresta Umbra East

Distances

From Arena to Start 1 2400m

From Arena to Start 2 2200m

From Arena to Start 3 1600m

A special transfer service is organised for competitors 85+ years to reach Start 3.

Start times

First starts are at 10:00.

Map Scale

The map scale is 1:7500. Contour interval is 5 metres.

Road Crossing

All competitors cross a minor road which has light traffic. For safety reasons, all courses have a common control followed by a short mandatory taped route across the road. **You must cross at the crossing point marked on the map.** The crossing will be manned.

Course Lengths

Class	Start	Length (m)	Climb (m)
M35A	1	10000	410
M35B	1	8450	350
M40A	1	9350	390
M40B	1	7350	330
M45A	1	8450	350
M45B	1	5800	310
M50A	1	7350	330
M50B	1	5700	270
M55A	1	6000	290
M55B	1	4900	240
M55C	1	4350	180
M60A	2	5600	260
M60B	2	4650	220
M60C	2	4000	160
M65A	2	5250	240
M65B	2	4350	170
M65C	2	4000	160
M70A	3	5000	205
M70B	3	4400	180
M70C	3	3850	140
M70D	3	3700	140
M75A	3	4100	190
M75B	3	3700	140
M75C	3	3050	90
M80A	3	3700	135
M80B	3	3050	90
M85A	3	2750	120
M85B	3	2200	70
M90A	3	1650	80
M95A	3	1300	80

Class	Start	Length (m)	Climb (m)
W35A	1	5800	310
W35B	1	4900	210
W40A	1	5950	240
W40B	1	4400	200
W45A	1	4900	210
W45B	1	3950	160
W50A	1	4400	200
W50B	1	3950	160
W55A	1	4350	180
W55B	1	3450	130
W60A	2	4350	165
W60B	2	3200	120
W65A	2	3800	160
W65B	2	3100	120
W65C	2	2700	90
W70A	3	3700	135
W70B	3	2850	95
W75A	3	2750	120
W75B	3	2200	70
W80A	3	2200	70
W80 B	3	1650	80
W85A	3	1650	80
W90A	3	1300	80
W90A	3	1300	80

Competitor Statistics



	Argentina 1		Serbia 4
	Italy 87		Estonia 136
	Australia 9		Slovakia 28
	Japan 3		Finland 357
	Austria 47		Slovenia 7
	Kazakhstan 2		France 35
	Belgium 40		Spain 40
	Latvia 17		Germany 47
	Brazil 2		Sweden 513
	Lithuania 55		Great Britain 140
	Bulgaria 13		Switzerland 181
	Norway 272		Hong Kong China 4
	Canada 4		Turkey 18
	Poland 15		Hungary 28
	Croatia 2		Ukraine 50
	Portugal 11		Ireland 3
	Czech Republic 193		United States 30
	Romania 5		Israel 3
	Denmark 91		

WMOC	2558
WMOC Tour	275
WMOC The Week After	68
Pre WMOC Alberobello	561
Pre WMOC Monopoli	522
Total:	3984



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REPUBBLICA ITALIANA



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Gabriele Viale

Tommaso Scalet

Simonetta Malossini

Alice Piffer

Pino Scarpellino

Stefano Ceiner

Giancarlo Andolfatto

Isabella Damiani

Dario Carlino

Nicolino Sciscio

Chiara Sanzovo

Cecilia Colonna

Luca Petruzzellis

Eustacchio Lionetti

Eddy Sandri

Event Director & Sponsor

Vice Event Director

Financial Administration

FISO secretarial assistant

Ceremony Manager

Presenter

Administration & Accounting

PR International Affairs

Coordinator of Municipalities and Institutions

Coordination air force / civil protection

Secretary

Secretary

Marketing

Risk Assessment

Finish / arena



Marina di Ugento ©photo Vincenzo Pioggia



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Monopoli ©photo Manciniagency

Edoardo Tona	IT & Time Keeping
Daniela Pierpaoli	Press Office Manager
Giorgio Tonda, Riccardo Scalet	Media & socials
Paolo di Bert	Transportation
Roberto Manea	Logistic and parking
Mauro Gazzerro	Safety
Virginia Pilat	VIP & Hospitality
Janos Manarin	Race Director
Bepi Simoni	Start Manager
Davide Pecora	Vice Start Manager
David May (GBR)	IOF SEA
Tulla Spinelli (SUI)	IOF Assistant SEA
Simone Grassi (ITA)	National Controller
Francesco Buselli	Course Setter
Aaron Gaio	Volunteer Manager
Raffaele Mantuano	Local volunteer Manager
Pippo Sisto	Race Director WMOC tour



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World Masters
Orienteering Championships
August 11-18, 2023
Slovakia, Košice



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THE GARGANO ROE DEER AND THE DEER RESERVE

Even if it's the most difficult animal to meet, the Gargano roe deer is present in the Umbra Forest with one of the three native nuclei in Italy, in addition to those present in Castel Porziano and in the Orsomarso Mountains. The Gargano roe deer is distinguished from the European populations by its smaller size, by the color of the leather in winter, for the complexion of the forehead and the darker nose area and by the lack of white spots on the throat and on the neck. The male has simple horns with a maximum of three points for about 8 months a year. Near Laghetto d'Umbra you can visit the fallow deer wildlife reserve. In general, hundreds of animal species live in the area, including hares, squirrels, pheasants and small rodents as well as wild boars, roe deer, woodpeckers and weasels.

MILLACERO AND THE NINFA GARGARA

An ancient legend tells of a sacred place between Vico and Monte Sant'Angelo, where a huge millenary maple once stood, called Millacero by the inhabitants. In reality, behind the appearance of a tree, there was the beautiful nymph of the forest, Gargara, daughter of a man and a goddess, with black eyes and dark hair. When a faun, half man and half goat, in love with her, tried to possess her, the nymph refused him and was saved by the humans and animals of the Umbra Forest. Out of anger, the faun turned to Jupiter, reminding him of the same wrong suffered by the nymph, who transformed her into a white maple. Since then the faun lived crouched on its branches to defend it for eternity. Would you be able to recognize Millacero? The Gargano heritage is priceless!

Continue to find out on viaggiareinpuglia.it



Foresta Umbra ©photo Helmut Berta

Foresta Umbra ©photo Vanda Biffani



THE NATURALISTIC WONDERS TO SEE IN THE UMBRA FOREST

The Umbra Forest is the green lung of the Gargano National Park. Between Vieste, Monte Sant'Angelo and Vico del Gargano, this Protected Nature Reserve preserves a millenary history at about 800 meters above sea level, among beeches, turkey oaks, maples and holm oaks, and its unique identity makes it a northern European forest transplanted to the Mediterranean. Although its name recalls that of a region of Central Italy, it derives from the Latin adjective number, to indicate its dark and shady nature. It's full of naturalistic wonders, let's discover them together in view of the World Masters Orienteering Championships 2022!

THE OLD BEECHWOODS

In 2017, due to its immense biological and ecological value, the Umbra Forest became a UNESCO World Heritage Site thanks to its ancient beechwoods. These beech forests, which cover 84% of its extension, admit 45 meters in height and can live up to 350 years, unique characteristics in the world. In addition, with over 10 tons, trees absorb for centuries the amount of carbon dioxide produced by seven cars in a year. The reserve of Falascone, of about 48 hectares also within the Park, represents a very rare example of mixed

beech forest, with an exceptional variety of tree species, such as maples, limes, hornbeams, holly and yew trees, holm oaks. Among these, the holm oak of Vico del Gargano stands out with 50 meters high and a circumference of 5 meters.

I CUTINI, THE WATER DOLINES

The territory of the Umbra Forest is devoid of watercourses due to its karst nature. Thanks to the impermeable bottom of the ground in some sinkholes, collections of rainwater are formed, fundamental for the development of settlements in the past and still exploited today to water the herds and flocks. To collect the water from the cutini, the peasants adopt a system of Arab origin to create a lever with which to facilitate its recovery: a long wooden pole at the ends of which are fixed a rope with the bucket and a stone as a counterweight hinged on a post. The cutini, which generally tend to dry up in the summer season, are a specific feature of the Apulian history and traditions, as during the larger Laghetto d'Umbra.



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5 EXPERIENCES TO DO IN VIESTE, BETWEEN CHARM AND LEGEND

Great excitement for the World Masters Orienteering Championships 2022 organization. Even the magnificent territory is preparing to welcome the event, like Vieste, the pearl of Gargano, among the 14 other host municipalities. Its extraordinary beauty is rich with history and charm, myths and legends. Let's find this out together, through five experiences that we recommend you to live during your stay in Puglia.

TURN AROUND PIZZOMUNNO

It became the icon of the Apulian town: Pizzomunno is a massive limestone monolith that stands 25 meters high on the beach, dominated by the Castello Svevo. According to popular tradition, if you make a wish and turn around the rocky spur, it will come true. The real legend, however, tells of the sad romance between Cristalda and Pizzomunno, which also inspired the Sanremo 2018 song by Max Gazzè (The Cristalda and Pizzomunno legend). A bond opposed by sirens, who petrified the young lover into the white monolith. Even nowadays, every century, the beautiful Cristalda re-emerges from the abyss for just one night to relive her ancient romance with Pizzomunno.

FISHING ON A TRABUCCO

Trabucchi are ancient wooden fishing machines standing on the Gargano rocky coasts suspended over the Adriatic Sea. These structures have been invented by fishermen to allow them to fish from the ground, and avoid pirates' ambushes. These strange architectures have fishing rods protruding

towards the sea, with large nets hanging.

In Gargano you can find more than thirty trabucchi; some of these now offer fishing trips, guided by the expert "trabuccolanti" instructors, and savor delicious dishes of the local gastronomic tradition. No-profit Association La Rinascita dei Trabucchi Storici works with the desire to restore and rebuild the Trabucchi in this area, acknowledging their historical and cultural value, as symbols of tradition for both present and future generations.

EXPLORE THE SEA CAVES

Gargano has the highest concentration of sea caves, per linear km, in the Mediterranean Area. Hundred centuries of constant modeling by sea and wind erosion on the karst rock, this phenomenon can be seen at the world-famous San Felice arch (known as architello). The Vieste coast has 26 of them, all to be explored with guided boat, canoe tours, or by diving in the beautiful seabed.

Their awesome shapes inspired the old fishermen, who named all of them with fantasy names, such as Grotta dei Contrabbandieri, for its double exit to facilitate escapes, Grotta Calda, for the presence of hot springs, or Grotta Due Occhi, which has two openings on the top protected by Aleppo pines. In their proximity, the seawater acquires enchanting shades of color thanks to light reflections filtering between rocks and the Mediterranean scrub. According to legends, the caves represent the sirens' shelters, where the sinuous figures imprisoned the girls they were jealous of with a bewitching song.

TRAVEL THE LOVE PATH

The Love Path, so named for its romantic views, is actually called the Mergoli-Vignanotica Nature Path from the two beaches that it connects, probably the most suggestive in Gargano and Puglia. In particular, the Vignanotica bay, in the Vieste territory, is characterized by sand mixed with gravel and pebbles, with several caves and high limestone cliffs behind.

The three km of dirt trekking can be covered in about an hour at 140 meters above sea level and connect Vieste and Mattinata municipalities. Immersed in the thick Mediterranean scrub, you will be inebriated by the wild aromatic plants' scents with breathtaking views on the cliffs overlooking the sea. The route will take you to see and reach Mergoli bay, the famous Baia delle Zagare with its two beautiful limestone sea stacks.

TASTE CACIOCAVALLO PODOLICO

Podolico is the highest manifestation of caciocavallo, one of the most aromatic aged cheeses in Italy. It's so-called because it's produced exclusively with the milk of the precious "Podolica" breed of cattle, raised in the wild.

In the Vieste woods, it's still possible to see herds of Podolico cows, recognizable by their crescent or lyre horns and their gray coat. Grazing in open nature, the animal feeds exclusively on wild herbs and shrubs which give the unique characteristics of meat and milk. In addition to caciocavallo, often tasted on the grill, podolica cow meat is also a Slow Food Presidium of Gargano.



Vieste, Faro ©photo Vanda Biffani



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Peschici ©photo Paolo Pettrigiani

PESCHICI, THE BEACHES NOT TO BE MISSED

Perched on a cliff overlooking the sea, Peschici dominates one of the most evocative bays in Italy. Its 20 km of coastline, from the Marina to the Sfinale bay, will enchant you with its incredible beauty. Every single beach is special in its own way thanks to unique features to be discovered. We recommend some of them where to spend your free time during WMOC2022.

MARINA DI PESCHICI, FOR A VISIT TO THE TREMITI ISLANDS

Hovered over the village on the rocky promontory, the vast Marina di Peschici is ideal for families but is also particularly popular with surfers for its exposure to northern winds. On the horizon, you can admire the Tremiti Islands, a Marine Protected Area with an unaltered heritage of flora and fauna along with unforgettable seabeds. From the port next to the Marina you can reach them by ferry: San Domino and San Nicola are the only inhabited ones, in Capraia the most beautiful dives in the Mediterranean await you, you will visit Cretaccio on foot, while access to Pianosa is not allowed because it's an Integral Marine Reserve.

MANNACORA BAY, FOR A DIVE INTO HISTORY

From the Peschici center, even on foot, you can easily reach Mannacora Bay, with its soft and golden

sand. Along its eastern side, there is the Grottone di Manaccora: the large natural cavity was used since the Bronze Age as a place of worship, as a burial ground but also as a residence, as evidenced by the numerous archaeological finds. From the archaeological site, you can take a pedestrian path to get to the necropolis at the top of the ridge, where you can also visit the Manaccora Trabucco.

ZAIANA BAY, FOR WHO IS SEARCHING FOR EMOTIONS

If you are looking for adrenaline-pumping experiences, Zaiana bay is perfect for you. A few km from Peschici, partly free and partly equipped, this beach is much loved by the bravest divers who take advantage of the natural springboards that dot the cliff. A corner of paradise, enclosed between two

rocky points, which will enchant you with its crystalline waters, sandy bottoms, and fine sand, reachable through a path in the Mediterranean scrub. After the daytime tranquility, during the evening turns into a meeting place under the stars especially for young people.

SFINALE BEACH, FOR RELAXED LOVERS

The Sfinale bay appears like a long strip of sand, an oasis on the border between the town that welcomes it and Vieste. It's one of the favorite beaches of the residents, who have identified the symbol in a dilapidated tower on the tip to the east. The deep feeling of harmony that it gives to visitors is also linked to the naturalistic heritage, characterized by the presence of sandy dunes.



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Peschici ©photo Vanda Biffani



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3 THINGS YOU NEED TO KNOW ABOUT MONTE SANT'ANGELO

It was here that one of the first sprint maps for orienteering was perfected and already in 2004 it hosted an international event with Scandinavian and Swiss athletes. Monte Sant'Angelo will return on 9 July, together with Vico del Gargano, to welcome one of the Official WMOC trainings during the WMOC 2022.

The highest village in Gargano, lying along the crest of the mountain at 831 meters above sea level, represents a spectacular balcony over the entire area. Its uniqueness is renowned around the world but if you haven't had the chance to discover it yet, below are some excellent reasons not to miss its beauty.

IT'S ONE OF THE 4 UNESCO HERITAGE SITES IN PUGLIA

Since 2011 Monte Sant'Angelo has been a UNESCO World Heritage Site thanks to the Sanctuary of San Michele Arcangelo, which has been welcoming pilgrimages from all over the world since the 5th century. It represents one of the most famous sacred places to the Archangel, reachable by following a winding road that culminates with a magnificent viewpoint over the Manfredonia Gulf. From the vestibule of the Sanctuary, you enter the staircase of 86 steps towards the Grotta dell'Arcangelo, site of one of the four San Michele apparitions. Here you can read an inscription with his words: "Where the rock opens, there the sins of men will be forgiven". Another testimony of the profound mysticism of Monte Sant'Angelo are the Pulsano Hermitages in the area surrounding the Abbey of Santa Maria of Pulsano. 24 of them have been surveyed, some of which are in inaccessible places, between simple caves in the rocky wall and small constructions on cliffs, dedicated to community, contemplative life, and the collective work of hermit friars.

IT'S CONNECTED TO ROME BY THE VIA FRANCIGENA OF THE SOUTH

Monte Sant'Angelo and Rome are connected by the Via Micaelica, called Via Francigena of the South. The ancient itinerary from Castel Sant'Angelo, in the Italian capital, to the Sanctuary of San Michele is at the center of a real historical and spiritual rediscovery, a point of reference for many pilgrims at an international level. In the past, pilgrims traveling on the Via Francigena had different destinations but the shared dream was to reach the Holy Land in Jerusalem through a partly terrestrial and partly maritime route.

They often deviated north to climb right on Mount Gargano to the sanctuary of San Michele and invoke the protection of the Archangel, in view of the long and difficult path to Christ's tomb. In Gargano, the landscape of the Via Francigena of the South is characterized by the alternation of typical karst



Monte Sant'Angelo ©photo Nick Warner

sinkholes and sea views with large expanses of olive and citrus groves.

HIS BREAD IS FAMOUS THROUGHOUT ITALY

Even today, the Table of the Apulias is considered the granary of Italy. The raw material excellence, combined with craftsmanship, has made its bread the prince of the table. Strolling through the picturesque streets of the town, you will be

captivated by the large loaves of bread on display outside the bakeries. With its crunchy crust and soft, white crumb, Monte Sant'Angelo bread requires a long preparation that begins the day before cooking with the processing of natural yeast. The cooking of the forms, between 5 and 10 kg in weight up to a diameter of 80 cm, takes place with the traditional method in a wood oven, at 200 ° for at least 2 hours. The pilgrims fed on it during the journey to the Holy Land, after having found refreshment in the caves of the village.



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AN INCREASINGLY SOLID SYNERGY WITH THE ENTITIES OF THE TERRITORY

Great satisfaction for the organizational staff returning from the fundamental test during the 17th edition of the Mediterranean Open Championship: the races, valid for the first and second stages of the FISO Italian Cup in Alberobello and Monopoli on the 19th and 20th of March, allowed all technical areas involved to test the operational procedures for each area. On the occasion it was also held the course for territorial volunteers, coordinated by FISO trainer Pippo Sisto and the WMOC Committee president Michele Barbone.

The arrival path to the appointment was launched by the round table "Orienteering: sport and tourism in Puglia". Among the interventions, the statement of Domenico Pugliese, CONI trustee for the region: "Great emotion in attending the race in Alberobello. The participation and the high technical content were the greatest victory that will remain in the history of our people for the sporting, social and cultural value transmitted by this engaging discipline. An opportunity to be in contact with international level athletes, reliving the sensation experienced in 2002 with the stage carried out in the charming narrow streets among the Trulli. With the same commitment made in recent decades in the CONI fiduciary, we will be able to actively promote our fairytale with the administrators of the country, authorities, associations and citizens, giving you an appointment at the World Cup".



Preparazione delle orecchiette ©photo Carlos Solito

Alberobello ©photo Manciniagency



Over 500 athletes involved in 116 teams from 20 countries (Italy, Austria, Finland, Switzerland, Bulgaria, Sweden, Poland, Czech Republic, Israel, Norway, Estonia, Spain, Belgium, Slovenia, Hungary, Portugal, UK, Ireland, Denmark, Australia). During the week, before the races, Francavilla in Sinni, Tursi, Montescaglioso, Policoro, Rotondella, Matera and Castellana hosted the MOC training Camps, with a traveling training tour between Puglia and Basilicata.

"It was from Puglia – comments Gabriele Viale, WMOC Committee general director – that the path of internationality of Italian orienteering began twenty years ago also in southern Italy, which will be celebrated in July with the World Cup in the Gargano. An event for which we expect the presence of three thousand orienteers and which will move more athletes than the Beijing Winter Olympics and the Mediterranean Games in 1999 in Puglia, not only for the competitions but for a calendar of collateral events between Puglia and Basilicata with The Week After. We will therefore continue, as always, to team up with the administrations and with the territory because only in this way we will achieve all the objectives, thus contributing to the enhancement and tourism promotion of the Apulian heritage. The World Cup belongs to everyone!"

After the competitions, intense days of discussion and updating in Foggia and Vieste with the competent authorities to speak about public order, health and safety of the participants,

with the elaboration of specific operational plans, tourism promotion, logistics and transports, with the new test bus in Foresta Umbra together with Ferrovie del Gargano.

Very important were the meetings at the Prefecture of Foggia in the presence of the Head of Cabinet Francesco Paolo D'Alessio and in the headquarter of the provincial CONI Point with the administrators of the Gargano, at the forefront of the organization of the World Cup through the planning of initiatives aimed at maximum enhancement of the territory. The president Sergio Anesi spoke for FISO, the president Michele Barbone, Pino Scarpellino and Nicolino Sciscio for the WMOC Committee, the delegate Roberto Augello for the Province of Foggia together with the CONI delegate Renato Martino, for the Municipality of Vieste the councilor for sport Dario Carlino, for San Nicandro Garganico delegates of the mayor Matteo Vocale, for Apricena the president of the municipal council Martino Specchiulli, for the Foggia ASL dr. Alessandro Vilella. President Anesi also announced that the FISO has officially approved the establishment of the Federal Center for Orienteering on the Gargano.



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WMOC 2022 SUSTAINABLE WITH FERROVIE DEL GARGANO

Encourage the growth of the combination of sport and tourism while respecting the environment. This is one of the essential objectives of the Organizing Committee of the WMOC 2022 which, among the various locations that will host the event, will have the task of protecting the Umbra Forest, a Natural Reserve in Gargano National Park recognized by the UNESCO Natural World Heritage Site.

The event's sustainability is now becoming a priority of the sports world, called to roll up their sleeves to limit, if not reduce, the impact on the territory. That territory which, especially in orienteering, represents the natural stage of every challenge, able to welcome, excite and accompany every athlete during their performance.

This strong commitment has led to the sharing and subscription, in agreement with the institutions, of a series of initiatives aimed at safeguarding the area with the maximum reduction of CO2 emissions. The WMOC 2022 footprint will also be monitored and reported by professionals and experts in the sector to create an analysis tool useful for future organizers.

A strategic choice under the agreement is the partnership with Ferrovie del Gargano, a transport company active since 1962, which has developed specific services to guarantee WMOC participants full coverage of bus trips during competition week.

FOR AIRPORTS FROM VIESTE TERMINAL AND HOTELS

For those who need to reach the main Italian airports, such as Bari, Naples, Rome, Milan, Bologna, from the Vieste bus terminal both personalized and daily bus transfers are available upon booking. For the bus terminal it will also be possible to start from your accommodation in Gargano. To use it, you need to contact Ferrovie del Gargano at fdg.viaggi@fergargano.it or by phone +39 342 6293818 / +39 0884 561020. In addition, the company's Travel and Tourism agency, which will also have an info point at the inside the competition center, is available to assist orienteers in booking air and rail tickets for Italy and Puglia.

FROM HOTELS TO RACES

By registering on eventor, athletes will be able to use a continuous shuttle service from the Vieste bus terminal to the competition venues. In the same way they will then be able to return after their race without any particular waiting. The timetable, being defined, will be shared on all communication channels of the event.



ARE YOU LOOKING FOR ACCOMODATION?

The Gargano Non-Hotel Association, born from the desire of small structures to network for the development of tourism in this wonderful area of Puglia, also takes the field to support WMOC 2022.

If you are looking for a solution in the agreement to stay overnight from the 8th to the 16th of July you can write to info@aegargano.it or contact Michela Ascoli, AEG President, at +393495106591 to find the best proposal for your needs.

This partnership represents a crucial starting point for future touristic promotion during off-season periods, with a special focus towards Northern European countries.

"I know the beauty of orienteering – declares the President Michela Ascoli – having lived the experience of the World Masters in Sestriere in 2013. We are thrilled to be ambassadors on the territory of the event! We are ready to welcome the athletes by opening the doors of our associated structures through special agreements, starting with the B&B Il Giardino Stellato which I manage".



Trekking sui Monti Dauni ©photo Wild Rat Film



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Uli e muretti a secco. © photo Leonardo D'Angelo



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THE WORLD CHAMPION JANNE SALMI COURSE SETTER AT WMOC 2022

The name of Janne Salmi is among those universally known to orienteers. Among his victories: Gold medal at WOC 1997 middle distance and Gold medal at WOC 2001 in Relay, 4 silver medals, and 1 bronze medal at WOC, 2 times winner of Jukola with Turun Suunnistajat team (1996 and 2001).

Not everyone knows that Janne Salmi will also be a major player at the 2022 WMOCs. Not as a contender, however, but as the course setter for the 2022 World Masters titles in Puglia. Let's give Janne Salmi a few secrets about the courses he is planning.

How is the work progressing in Apulia?

It's progressing fine, basically, I have all the courses done, now I'm just waiting for the updated map to be finished and the work goes on. Naturally, it's a bit challenging not to be able to visit Vieste during the next 5 months (long travel and lots of travels due to my job as the Norwegian head coach), but I trust the WMOC2022-team: they will do the last check-ups for me.

What kind of terrain and pitfalls will participants have to deal with?

Vieste is a quite typical mid-size Italian old town, in my opinion: tricky old-town, lots of narrow streets and stairs and relatively big height-differences. However, there are even more technical historical centers in Gargano, for example, Vico and Peschici, so the speed in the sprint final in Vieste will be quite high.

What aspects of the sprint-area in Vieste does a course setter focus on when he has to create something challenging for the over-35 categories, (i.e. athletes who have just come through – or are still competing – in the elite, and for the super masters?

I try to create technically challenging courses for all participants, but also with variations of long and short legs, high speed and low speed, etc. There are two challenges: 1. Many stairs are not optimal for the older classes, and the narrow streets can create some hazards with many participants in the race at the same time. But with good planning, I'm sure we will be able to get a great competition!

Janne Salmi at the peak of his career: how confident would you have felt in a long (or middle) World Championship at the Gargano forest? who would have been



your most dangerous opponents?

Depends on which year(s) we are talking about. 94-98 Petter Thoresen and Jørgen Mårtensson, 99-2003 Bjørnar Valstad, Jørgen Rostrup and Thierry Gueorgiou. In Sprint: Yuri Omechelko and Rudolf Røpeck.

Speaking of the Finnish national team: team Finland will be in Puglia with new coach tg for the Mediterranean open championship in March. Are you planning to meet the athletes of the white-blue national team in Puglia? some suggestions from you to your young up-and-coming heirs?

Unfortunately not, but the reason is fortunate: my step-daughter will get married on the MOC weekend. But I will try to follow the Norwegian athletes through the internet.

Finally, what is it like working on this world championship with team PWT?

It's always great to work with the PWT-Team! The "culture" is a bit different, but as I know them since 15 years back, we know each other's strengths. And being in Italy and especially Gargano is always a huge pleasure!

VRONI KOENIG-SALMI, SWISS ORIENTEERING AT WMOC 2022

Among the orienteers with an incredible palmares who will be at the start of the 2022 WMOCs in Puglia, Vroni Koenig-Salmi is second to none. 13 World Championships in the colors of the Swiss National Team from 1989 to 2010. She was the first World and then European Champion in the sprint distance, and she can wear two more world gold medals in the relay at the 2003 and 2005 World Championships.

You and Jörgen Mårtensson together at the start of the World Championships. 33 years have passed but i bet against marco that you can tell us what was going through your mind at that moment. Will you help me win the bet?

I remember really well, that I thought: "I will meet this guy in around 30 years again at a start line of a Masters World Championship. Both of us will smile more in 30 years. Honestly: no idea, but I was obviously not so very relaxed about the coming task. I was still a Junior at this time.

How does an athlete of your level experience the transition from the elite category, competed at the highest possible level, to the masters categories? do you think that there are master athletes who have perhaps never worn the colors of a national team and who try to beat you just to be able to boast?

At least for me it's a totally different thing. In Elite, I prepared years for a big Championship and I focused on this goal, means there was not a lot of space for compromises (and holidays). Me as a runner at WMOC: it's Italy, this means nice forest, good food and hopefully sun all the time. I will enjoy the whole time of our stay and it's nice to run in these towns and forests. But there will be no preparation or training. In general, I guess many other participants at WMOC have better competition routines, then I have at the moment. I did not participate in so many competitions after 2010.

We know that you are a coach, and some say that you are very demanding of the athletes you coach. is this a reflection of the way you have been coached yourself? how do you keep yourself fit and at a high level now that your training needs have changed?

I think, I'm just honest to say, what it needs to become and be a top athlete. I can't say, this came from my own experience with coaches, but perhaps more, what I expected from myself. I really like training and all kind of sport. Unfortunately, I struggled with some health problems and had to take some breaks. It's not so easy to be fit again (at this age) after a break. But I started with swimming and biking. I feel like I will never stop training, but I'm not so much into competitions (anymore).

A classic question, since we are talking here about wmoc 2022 in Apulia: have you already been to these parts of Italy, with the small villages with thousands of narrow streets overlooking the sea or climbing up the mountains? Coming from the first sprint world champion in history: what must be the main skills to earn a gold medal on the peschici and vieste courses in the WMOC sprints?

I have been once in a camp in Gargano. I remember the forest, but I'm not sure if I ever run a sprint in this area. It's a big difference between the first Sprint World Championship and the competitions in Peschici and Vieste. It will be important to have a good flow, knowing what happens after the next corner and never lose the map contact. I expect some route choices, also using the climb.

Have you already had experience at the masters World Championships? any memorable or funny event you would like to share?

Yes, I participated once in Finland 2007 and I was with Janne on the podium. I don't think we managed to achieve this at a WOC (only in relay).

What do you expect to find this summer in Puglia? sunshine? sea? good food? orienteering pushed to the highest level? will it be an "active holiday" week or will the first objective be to win a new gold medal?

First of all holiday: sun and fun, nice orienteering and good food, all you need!



Looking forward to seeing you in Puglia in a few months' time, would you like to leave a message for your Italian fans and the PWT organization?

We, and I guess a lot of people, are really looking forward to nice and well-organized competitions. See you in the sun.



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FROM NORWAY TO GARGANO, THE BERNT BJØRNSGAARD RETURN

The orienteering champ Bernt Bjørnsgaard is the WMOC 2022 International Ambassador.

Bernt is one of the stronger orienteers in Norway around years 2000: World Champion in relay 1999, silver medal in relay in Tampere 2001, 4 times winner of Jukola and 4 times of Tiomila. At the top of the PWT World Series ranking, it's also thanks to Bernt if orienteers will be able to run and enjoy Foresta Umbra. In the early 2000 Bernt with Gabriele Viale and Jorgen Martensson found a real paradise for orienteering and decided to make an international orienteering map.

Bernt, your Italian friends are happy to hear from you again and it's great to see you WMOC 2022 ambassador. What do you tell us about your post-sport career?

"I can't say I'm running much orienteering right now, but I might take up the sport again to this summer 2022. But, I do have a lot of contacts through the friendship of orienteering. The last three years, I have been the chairman of the board of Stolpejakten. A fantastic concept activity for everyone, where you find "post" / controls with an app. 250.000 Norwegians take part in this activity through the last year. Now I'm working as a digital business developer for a building construction company in Lillehammer, called Gausdal Landhandleri. I'm looking forward to meet many old friends and competitors from old time in WMOC. Italy is my second home, together with good relation and friendship".

What do you remember of the 2001 exploration adventure in southern Italy?

"I never forget the days back in Italy 2001. This was a great opportunity for me to explore Italy and the huge potential of orienteering in Italy. Let me tell the stories from my diary a bit later, from day to day. These days in 2001 was the start of lifelong friendship, good relationships and good concepts with Follow the Sun".

What about Gargano and Foresta Umbra? You've been training in the area in 2003, with Norwegian team and then in 2004? We also remember a training session on the athletics track in Sannicandro Garganico, your coach at the time was Anders Gårderud, Olympic champion of the 3.000 steeplechase in 1976.

"Gargano and Foresta Umbra are very special places in Italy. This green peninsula in east part of Italy invite the runners into a wild open terrain with a mix of good runnability. Here you can run along



sandy beaches or run into deep green forests over 1000 meters above sea level. I have been in Gargano actually three times. First time with orienteering exploring tours with Gabriele Viale, together with a good friend Jørgen Mårtensson. Then with the Norwegian national team and also together with my Swedish club Malung SK back in 2005. Gargano was something exotic, something new. And we got a lot of new energy to train in these areas".

Based on your experience, how do you think one should prepare to better master the tricky terrains of Foresta Umbra?

"It's a Mediterranean terrain, hilly and with good runnability, so you definitely should be prepared for some hard exercises up in Foresta Umbra. But you also have to stay focused at the map, because the terrain will always challenge you through the competition".

Do you recall some other special moments from

your visit in Italy?

"I have a lot of special moments with the PWT crew in Italy, competitions and all the spectacular moments at different places and areas. Not only the forests and the nature, but also the people related together with tasteful and healthy food and wine. I do have some good memories of mapping Reggia di Caserta, the Royal Palace and Park back in 2016, and there was lovely to get Italian visitors from Caserta back in Norway last summer. That's good moments of life, exchange and friendship. Another good memory I never forget, was the moment when the concept "Follow the Sun" invented. At a beach, waiting for the sunrise early in the morning, of course with the president of PWT Italy Gabriele Viale".

Thanks Bernt and see you at WMOC 2022!

"Thanks again, for the wonderful people in the PWT Italy crew, and for longtime friendships, laugh and projects. I am looking forward to meet you in Gargano and WMOC 2022!"



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One of the oldest (493 a.d.) Christian churches in Europe.
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THE ORIENTEERING LEGEND JÖRGEN MÅRTENSSON IS OFFICIALLY THE WMOC 2022 INTERNATIONAL AMBASSADOR

Jörgen is one of the most successful Swedish orienteer of all times. Twice a winner of the World Orienteering Championships, he also won the 5 days O-Ringen in 1981 (at age 21), 1996 and 1997 (at age 37). Furthermore, he won the Swedish Championship in Marathon at Stockholm Marathon in 1993. Now retired, he had one of the longest spanning careers in orienteering at world class level, taking part in World Championships over a period of twenty years. Starting with the 1978 World Orienteering Championships, where he placed eighth in the individual contest, he competed in every world championship until 1997. Is also thanks to Jörgen if orienteers with be able to run and enjoy Foresta Umbra because when back in the early 2000' with Gabriele Viale and Bernt Bjørnsgaard they drove up to the forest and found a real paradise for orienteering and decided to make the first orienteering map.

During the World Masters Orienteering Championships 2022 in Gargano, Puglia, Italy there will be an orienteering museum with some of the historical pieces of orienteering gear and maps. During WMOC 2022 it will be time also to celebrate the legends of orienteering with a special evening party dedicated to the history of the champions of our sport.



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Nardò ©photo Aristide Mazzarella

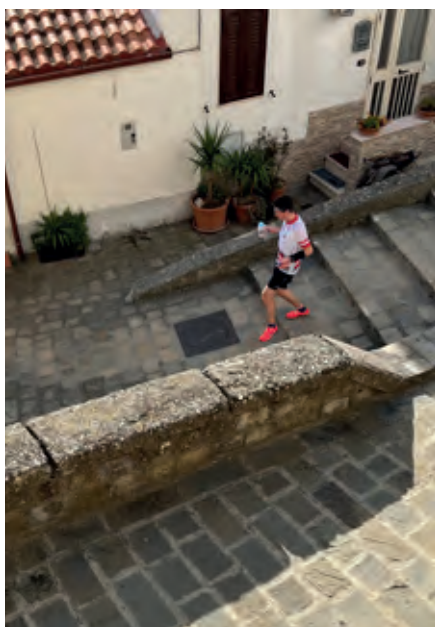


THE WEEK AFTER, AN ORIENTEERING TOUR BETWEEN PUGLIA AND BASILICATA

World Masters Orienteering Championship 2022 is approaching and over 3000 orienteers will be running and exploring the 14 municipalities of Gargano.

But why stop there? WMOC "The Week After" beginning from the 18th of July 2022 will take you through some of the most amazing towns in Puglia and Basilicata such as Monopoli, Alberobello, Matera, Rotondella and Nardò.

Each orienteering race will be a chance to visit a different town and have a taste of the local food and wine.



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Week 40 from 02 – 06 Ottobre 2022 in Sharm el Sheikh

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Tue. 04.10 Stage 2 – Middle race in Wadi Speta (South Sinai)
Wed. 05.10 Stage 3 – Sprint race in Domina Coral Bay Resort
Thr. 06.10 Stage 4 – Middle race in Nabq (South Sinai)
Fri. 07.10 Stage 5 – Sprint race in Domina Coal Bay Bazar



Domina resort



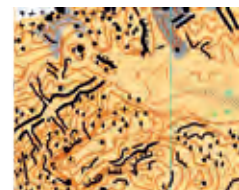
Domina resort

Week 41 from 10 – 14 Ottobre 2022 in Sharm el Sheikh

Mon. 10.10 Stage 1 – Sprint race in Domina Coral Bay Resort
Tue. 11.10 Stage 2 – Middle race in Wadi Speta (South Sinai)
Wed. 12.10 Stage 3 – Sprint race in Domina Coral Bay Resort
Thr. 13.10 Stage 4 – Middle race in Nabq (South Sinai)
Fri. 14.10 Stage 5 – Sprint race in Domina Coal Bay Bazar



Nabq Desert Siani



Wadi Speta Desert Sinai



Contacts and booking

www.orienteering.it / info@orienteering.it





Domina Coral Bay Sharm El Sheikh 24 December 2020

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Sabato 9 Luglio

Convegno Sport e Turismo

Official WMOC training a Monte S. Angelo, Vico del Gargano e Rodi Garganico

Opening Ceremony Vieste (18.00)

Domenica 10 Luglio

Mondiale Orienteering: Sprint Qualification Peschici

Lunedì 11 Luglio

Mondiale Orienteering:

Finale Sprint e Cerimonia di premiazione Vieste

Martedì 12 Luglio

Rest day, Visite guidate comuni del Gargano

Mercoledì 13 Luglio

Mondiale Orienteering: Qualifica Foresta Riserva Falascone

Giovedì 14 Luglio

Mondiale Orienteering:

Finale Middle e Cerimonia di premiazione Vieste

Venerdì 15 Luglio

Rest day, Visite guidate, workshop e degustazioni:

Cagnano Varano, San Nicandro Garganico, Apricena

Sabato 16 Luglio

Mondiale Orienteering: Finale Long,

Cerimonia di premiazione Foresta Umbra East e di chiusura a Peschici (18.00)

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Foresta Umbra ©photo Helmut Berta



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